

# ARIZONA STATE UNIVERSITY STATE PRESS

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## Recycling program fails last year's goals

### Removal of campus collection bins blamed

By TIM BAXTER  
STATE PRESS

ASU recycling programs are failing to meet last year's goals for can collection after ASU's Surplus Management removed many of the residence halls' recycling bins this summer, resulting in reduced revenue for the programs.

Sonja Merkle, head of recycling at McClintock Hall, said residence halls no longer have the bins to store aluminum cans for recycling.

"We're bagging the cans and leaving them by the trash for transients."

Since July of this year, only 160 pounds of aluminum cans have been recycled, compared with about 61 tons of paper products, said Richard Hydro, manager of surplus property at ASU. Most of those cans came from buildings other than residence halls.

ASU recycled 3,760 pounds of aluminum last year, he said.

The Arizona Legislature has set ASU's recycling quota at 256.48 tons of recycled material a year. ASU has reached this quota every year of the recycling program except the first, Hydro said.

ASU's recycling programs are funded by \$100,000 a year from campus Pepsi sales, plus whatever money is generated by recycling, Hydro said. About \$561 has come from recycling this year since July 1. ASU raised \$4,000 through recycling last year, primarily through paper products.

Aluminum currently sells for 37 cents a pound, or \$740 a ton. Paper products vary from \$5 to \$40 a ton, Hydro said.

Rob Shepherd, a graduate student custodial services worker, said there is virtually no recycling program in the dorms.

"Once it gets in the blue (recycling) bins, there is no receptacle to empty the bins into," he said. "I spend as much time taking the bins out of the trash as I do taking trash

out of the bins."

Keith Menard, Residence Hall Association campus affairs vice president, said each hall should have two bins, one for paper and one for plastics and glass.

According to Chris Carter, who oversees the Weyerhaeuser Recycling contract with ASU, there are recycling bins at most of the residence halls and three at the surplus center.

Surplus Management had all of the recycling bins for cans removed during the summer, she said.

"I was told to pull all those bins until further notice."

Hydro disagreed with Carter, saying all of the can bins were not removed, although some were removed for maintenance or because they had been contaminated with trash.

Menard said contamination is a problem right now because some students use the bins as extra trash cans.

"Some cans are getting recycled, but some aren't," he said. "Manzanita's been real good; they've been stacking cans waiting for a can bin."

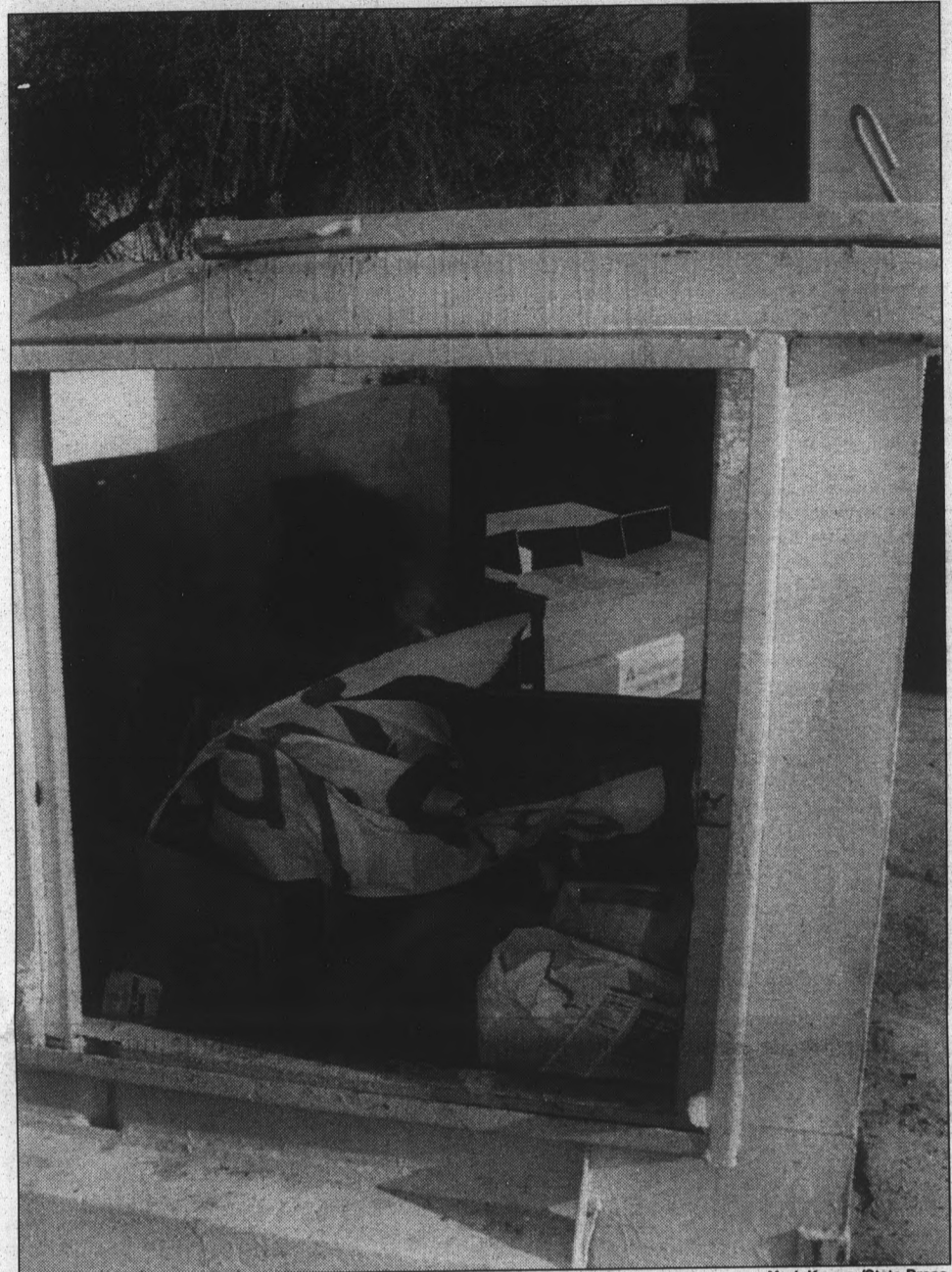
Ramos Medina, senior buyer at ASU's purchasing department, said three companies, including Weyerhaeuser, are currently bidding on the recycling contract.

"We are in the process of re-evaluating our recycling contract," he said. "A decision will be made next week."

Menard said a lot of students are angered because others don't take the recycling program seriously.

"The program is not as organized as it should be," Menard said. "We should have a comprehensive program for the residence halls in about a month and a half."

"For now they need to hold onto their recyclables."



Cardboard boxes, paper and other recyclable materials fill a garbage dumpster at Palo Verde West Monday afternoon. A near-empty recycling bin stands only 10 feet away. Mark Kramer/State Press

## ASU geology team studies earth winds with shuttle radar

By MARSHALL WOODS  
STATE PRESS

Call it Operation Desert Surveillance.

An ASU geology research team is studying wind systems of the Earth's deserts through radar data taken during the last 10 days of the shuttle Endeavour mission scheduled to land today.

After learning exactly how wind systems function on Earth, the research team, consisting of geology professor Ronald Greeley and research assistant Dan Blumberg, will be able to analyze the wind systems on other planets, particularly Mars and Venus, said Blumberg.

"We want to see what (the desert's) underlying surfaces are like here on Earth and use it as an analog in studying Mars and Venus," said Blumberg, who has been at ASU for five years.

The radar samples that Blumberg and Greeley are

studying are from the second Spaceborne Imaging Radar-C/X-Band Synthetic Aperture Radar (SIR-C/X-SAR) flight mission of this year, which is a joint project of NASA and the German and Italian space agencies. The first SIR-C/X-SAR mission was completed in mid-April.

The objective of both missions is to provide a 52-scientist team from around the world with radar data on the Earth's ecosystems, climatic and geological processes, the hydrologic cycle and ocean circulation.

Blumberg and Greeley are just two scientists from the team.

The SIR-C/X-SAR radar system is the largest and most sophisticated of its kind to ever be sent on a space mission, Blumberg said.

"It's about the size of a bus," Blumberg said.

TURN TO SHUTTLE, PAGE 2.

## 'A voice of reason'

Faculty, African American students: Mandela means death for apartheid

By DAVID PROFFITT  
STATE PRESS

For years, South Africa was the symbol of racial hatred and inequality. It was ruled by white minority under apartheid, until free elections including blacks were held for the first time this year.

Now, faculty and African American students said South African President Nelson Mandela represents the death of apartheid, a policy that caused his imprisonment for almost 28 years.

Mandela entered the United States last week and spoke to the United Nations for the first time as the president of South Africa.

"I think the most remarkable thing about him is even after being in prison for 27 1/2 years; he came out of prison without any bitterness," said Patrick J. McGowan, professor of political science. "I know I would've been mad as hell if I'd been put away ... just because I was trying to get my people the vote."

McGowan specializes in South African issues and said

TURN TO MANDELA, PAGE 2.

## INSIDE STATE PRESS

Weather Outlook  
Sunny and warm.  
High 91, low 66.



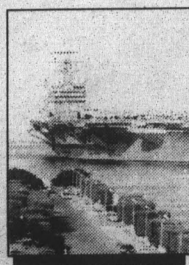
➤ The Princeton Review played a prank on a rival education center, and the Internet may suffer from it. **Page 6.**

➤ The Engineering Writing Lab is seeing a big rise in visits and is especially helpful to ESL students. **Page 19.**

### World/Nation

Despite Iraq's claim that it is pulling its forces away from the Kuwaiti border, the United States continues to send forces to the Persian Gulf.

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### Sports

Scott Johnson has become one of ASU's top golfers after a disappointing '93-94 season.

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# TODAY

The Today Section is a daily calendar of events printed as a service to the ASU community. Requests are accepted on a first-come, first-serve basis and are printed on a space-available basis.

Campus clubs and organizations may submit written entries to the State Press in the basement of Matthews Center, Room 15. Requests will not be taken over the phone. Faxed entries will also not be accepted.

Entries must contain the full name of the club or organization, a description of the event, date, time and the full address of the location. All requests are subject to editing for content, space and clarity. Incomplete or illegible entries will be discarded.

Deadline for requests in noon the day before publication and entries will not be accepted more than three working days before publication. Only one entry per organization per day is permitted.

- **Hillel Jewish Student Union** — Tuesday lunch. 11:30 a.m.-1 p.m., Hillel.
- **Gun Devils** — Weekly meeting. 5 p.m., MU Navajo.
- **Amnesty International** — Human Rights/Advocacy meeting, everyone welcome. 5 p.m., MUAB Conference Room 1A.
- **College Republicans** — General meeting, everyone welcome. 3:15 p.m., MU Mohave, Room 222.
- **Learning Resource Center** — Free stress management workshop. Learn techniques for living a healthy college life. Open to all ASU students, faculty and staff. 1 p.m., MU Pima, Room 218.
- **Best Buddies** — Orientation rap session. Mandatory for all members. 5 p.m., MU Room 213.
- **Young Democrats/Students for Basha** — Meeting to discuss campaign efforts. 5:15 p.m., Social Sciences Building, Room 101.
- **Society for Creative Anachronism** — General meeting and stories from Bacon's War. Fighter's practice afterwards at the SRC. 7 p.m.-9:30 p.m., MU Havasupai Room 208D.
- **MUAB Film/Sneak Committee** — Committee meeting, everyone welcome. 3 p.m., MU Conference Rooms A and B. Free screening of "The Hunger." 7 p.m., Union Cinema, MU lower level.
- **Baptist Student Union** — Tuesday P.M.: guest speaker, Robin Raines. Will speak on her missions experience. 7 p.m., Baptist Student Union; 1322 S. Mill Ave.
- **AISES** — General membership meeting. Very important, will be discussing National Conference and Volleyball Tournament. 5 p.m., American Indian Institute, EC Annex Building.
- **Chicano Faculty and Staff Association** — Monthly general membership meeting: events for National Hispanic Heritage Month, ASU Homecoming Fiesta, Scholar's Panel. All RAZA welcome. 12:30 p.m., Hispanic Research Center, Conference Room 101.
- **Asian Business Leaders Association** — General meeting, all majors welcome. 5:30 p.m., Coalition Conference Room, MU third floor.
- **KASR** — Solomon and the Supermodel: "Rage Against the Transmitter." 6 p.m.-9 p.m., on the air, 680 AM.
- **Campus Ambassadors Christian Fellowship** — Music, fellowship, and Bible Study: "Jesus and Healing." 7:30 p.m., MU La Paz, Room 223.
- **Fellowship of Christian Athletes** — Music, fellowship and guest speakers: Chris Stull, Mike Sanfratello and the FCA State Crew. Everyone welcome. 7:30 p.m., University Activity Center, Room 35.
- **Coming Out Discussion Group** — Tonight's meeting canceled due to National Coming Out Day Rally in Phoenix. Call 921-4351 for information.
- **El Concilio** — General meeting. 5:15 p.m., McClintock Hall Room 129.

# Shuttle

CONTINUED FROM PAGE 2.

"It can bring up different features of the Earth's surface, depending on the wavelength being used."

The two ASU researchers hope to discover exactly at which wind speed sandstorms occur and then to produce regional maps that show aerodynamic roughness effecting sandstorms, Blumberg said.

"We also want to answer questions like what happens to the Earth's atmosphere if

CO<sub>2</sub> (carbon dioxide) is doubled and to also look at climates of the future," he said.

Blumberg and Greeley expect their research to be a "multi-year" project because they must look at thousands of radar data samples from the mission.

"There is more radar data here than NASA has collected in all other planetary missions combined," Blumberg said.

# Mandela

CONTINUED FROM PAGE 2.

Mandela is more popular now than he was during the April elections that put him in power.

Keith Miller, associate professor of English and an authority on African-American issues, said Mandela's conciliatory stance between blacks and whites has been a "voice of reason."

"He is the greatest statesman in the world," he said.

"I think he's fabulous," said Faith Carlile, a freshman English major. "That man suffered and spent most of his life in prison, and do you know why? Because a racist government decided they didn't like what he had to say."

She said that his courage and conviction serve as a model to many African Americans.

"When it was on the news that he got out of prison, my parents called me into the room and said, 'Look, here's a man so dedicated to his people that he was willing to go through that,'" said Michael Carver, a junior business management major. "I never forgot that."

In the wake of recent violence and tribal warfare in the troubled nation, some said their ideas about Mandela are not so positive.

"He's just a much a criminal as the people set up by the white government," said Johnathan Kersey, a sophomore undecided major.

"Look at his wife, Winnie. She was charged with killing somebody and nothing happened. Mandela being her husband definitely helped her out, and that kind of (stuff) shouldn't happen — it's wrong."

Winnie Mandela was charged with kidnapping after one of her bodyguards killed a teen-age boy.

McGowan said Mandela bears no "moral responsibility" for his wife's crime. He said Mandela was in prison at the time the killing occurred but that he stood by her after she was charged.

Carver said the clashes between Zulu-dominated Inkatha Freedom Fighters and government troops stemmed from a power struggle between Inkatha leaders and African National Congress leaders. He said he thought the Inkatha leadership was jealous that they didn't win more control over the government.

"It doesn't mean Mandela screwed up, it just means there's screwed-up people," Carver said.

The Associated Press contributed to this article.

# VISIBLE WOMEN



# IN THE LESBIAN & BISEXUAL COMMUNITY

Sponsored by the Lambda League, IGBAU, LeGAL, COG and Delta Lambda Phi

# OUTDO YOURSELF



# TODAY IS NATIONAL COMING OUT DAY!

"Coming out" is not a choice about your sexual orientation... it's the choice to live a more honest life. So tell someone you care about who you really are today!

## COME OUT TO THE RALLY

Join new friends today on Hayden Lawn from 11 am to 1 pm. Listen to speakers and music, and sign the banner to signify your support of gay rights.

## COME OUT TO THE RECEPTION

Continue the fun at the reception at Lambda League on the third floor of the MU from 3 pm to 5 pm. Show your support of the Gay, Lesbian and bisexual community!

Sponsored by the Lambda League, IGBAU, LeGAL, COG and Delta Lambda Phi

## STANDOFF IN THE GULF

### Iraq claims pullout; U.S. remains unconvinced, continues buildup

KUWAIT (AP) — America's determined effort to protect Kuwait appeared to pay off Monday: Hours after U.S. soldiers landed, Iraq declared an end to its menacing five-day buildup and said its troops were pulling back.

The tens of thousands of Iraqi soldiers sent to the border had revived memories of 1990, when Iraq swept aside Kuwait's army and seized the oil-rich country. It was seven months before a U.S.-led coalition ousted the occupiers.

This time, Washington was determined to send a firm signal — invade Kuwait and the United States will respond. Washington began amassing a force of nearly 70,000 in the region, 54,000 already assigned plus 15,000 on standby.

The first contingent of 300 U.S. soldiers arrived in Kuwait City on Monday.

Hours later, Iraq's ambassador to the United Nations, Nizar Hamdoun, said Iraqi forces would withdraw from the Kuwaiti border and "are already on the move." He said they would be sent to a site north of Basra.

In Baghdad, Foreign Minister Mohammed Saeed al-Sahhaf said troops would be deployed to "other locations in the rear" to finish military exercises.

He told the official Iraqi news agency the withdrawal was ordered in response to appeals from "friends" and "in view of the fact that the troops' presence might be used as a pretext to maintain sanctions."

The crushing U.N. sanctions were imposed after Iraq invaded Kuwait in August 1990. Iraq has aggressively sought to have the sanctions eased, particularly a 4-year-old oil embargo that has devastated the economy.

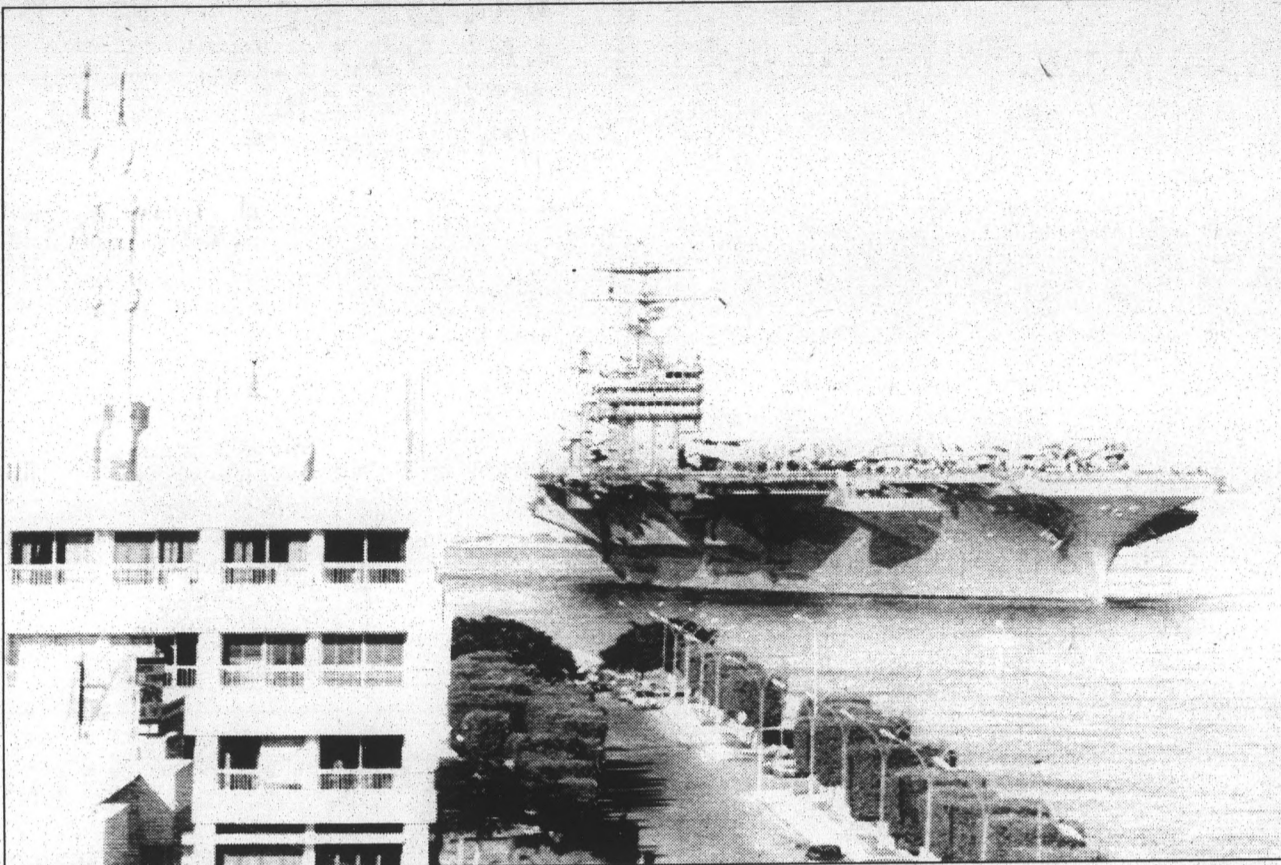
Iraqi leader Saddam Hussein may have conceived the buildup as a warning that he could still cause trouble if the sanctions were not lifted.

The United States and Kuwait reacted cautiously to word of a withdrawal.

"I haven't seen anything like that, no," said Gen. John Shalikashvili, chairman of the Joint Chiefs of Staff.

Kuwait's information minister, Sheik Saud al-Sabah, said there was no evidence Iraq had begun pulling back any of the estimated 80,000 soldiers on the border. "We will believe it when we see it," he said.

Vesselin Kostov, spokesman for the 1,100-member U.N. observer mission on the border, told The Associated Press he could not confirm that Iraqi troops were moving but said "the situation within the DMZ remains calm." The 9-mile-wide demilitarized zone was set up after the 1991 Gulf War.



The USS George Washington passes a mosque in the Suez Canal as it heads toward the Red Sea Monday. The George Washington is leading a naval battle group en route to the Persian Gulf.

Pentagon officials have not said to what extent Iraq would have to pull back before the United States ended its buildup.

U.S. forces continued to arrive Monday to confront the Iraqi force, which includes 20,000 Republican Guards. An estimated 700 Iraqi tanks and other armored vehicles also were believed at the border.

In Kuwait City, some 300 men from the 24th Infantry Division came aboard a white Lockheed 1011 jet from Fort Stewart, Ga., the first major group of Western ground forces to arrive in the region.

Army Maj. Gen. John Taylor, who will command the force, shook the hand of each infantryman as the unit arrived. All were dressed in olive drab uniforms with full battle packs, including automatic rifles and gas masks.

A veteran of the 1991 Gulf War, Taylor said the arriving troops would man M1A1 Abrams tanks and Bradley fighting vehicles "prepositioned" in the region after the Gulf

War.

"Everybody is very confident," he said. "We know what our mission is."

Taylor said some advance American teams were "digging in the desert right now," implying that forces already had been deployed in northern Kuwait. But he refused to elaborate.

The U.S. Embassy confirmed Monday that American warships led by the USS Tripoli arrived off the Kuwait coast over the weekend with 2,000 combat Marines. The aircraft carrier USS George Washington began patrolling the Red Sea on Monday, its missiles in striking distance of Iraq.

Britain dispatched the frigate HMS Cornwall to Kuwait waters on Sunday. Turkey and Saudi Arabia have offered staging areas for some 180 American warplanes and support craft expected in the region over the next few days.

## Clinton's strategies seem vindicated in Haiti, Iraq

### News Analysis

WASHINGTON (AP)— In an administration known for its blunders on the foreign policy front, Monday was a day to savor. Raoul Cedras stepped aside and said he would leave Haiti — according to plan. And maybe, just maybe, President Clinton's show of force made Saddam Hussein blink.

In massing his troops on the Kuwaiti border, the Iraqi leader might have bargained that Clinton — who has appeared indecisive in other crises — would lack both the resolve to stand up to him or the ability to reassemble the U.N. coalition that drove Iraq from Kuwait in 1991.

It may have been a major miscalculation.

Clinton moved quickly to send tens of thousands of U.S. troops to the area. He cancelled a political trip to New Jersey and began calling world leaders — starting with Russian President Boris Yeltsin. And Defense Secretary William Perry even pointedly declined to rule out pre-emptive strikes against Iraq as he made the rounds of the morning TV talk shows.

By midday Monday, Iraq's U.N. ambassador announced it was pulling back its troops — although the administration expressed some "we'll believe it when we see it" skepticism.

In an Oval Office address to the nation Monday evening, Clinton said he was sending in more U.S. firepower anyway. "We're interested in facts not promises, in deeds

not words. And we have not yet seen evidence that Iraq's troops are pulling out," Clinton said.

However, White House officials remained hopeful Iraq would in fact move their forces — and that the stern tone of Clinton's televised address would help speed a withdrawal.

Even before the Iraqi troop withdrawal announcement, Clinton's quick move in sending troops to the Persian Gulf had already won wide applause — even from former President Bush.

In Haiti, the restoration of democracy took another dramatic step forward. Cedras' public resignation seemed a graphic vindication of Clinton's no-invasion strategy.

Not only did Cedras step aside — all that was required in the agreement brokered by former President Carter — but he also agreed to leave Haiti, as Clinton had initially demanded.

Clearly, the presence of 19,000 U.S. troops had something to do with Cedras' decision.

Cedras gone. Next up, Saddam Hussein. After the murky objectives and uncertain villains of Somalia, Bosnia and even Haiti, Clinton has in Saddam a ruler widely viewed as a true despot — even in the Arab world.

And there also loomed one tantalizing possibility that Clinton and his advisers had to mull as they plotted strategy: finishing the job that Bush left uncompleted.

### Cedras resigns; Haitians rejoice

PORT-AU-PRINCE, Haiti (AP) — Raoul Cedras kept the people cowed for three years with his terror campaign. On Monday, Haiti's masses rose up and drowned him out.

The once-omnipotent Cedras seemed small in the entranceway of the clapboard army headquarters as he announced he was resigning as military leader and quitting the country for its own good.

Cedras was dwarfed by crimson-bereted U.S. military commander Hugh Shelton, whose 19,500 soldiers played a large role in finally driving out the Haitian coup leader.

The sound of 5,000 joyful people buried the tubas and trombones of Cedras' military band playing the national anthem with an impromptu version of "Auld Lang Syne."

Then Cedras' voice, which once dominated state media, faded amid an under-amplified sound system and the crowd's shouts of "Hoodlum!" and "Thief!"

Even his wife, Yannick, wearing designer eyeglasses and a green-and-white polka dot dress, wasn't paying attention during her husband's speech, instead trying to maintain a smile as she heard the verbal abuse from the crowd.

As a sort of final indignity, the camouflage-uniformed American occupying troops had to protect Cedras, firing warning shots when a rock-thrower shattered the windshield of his departing Toyota Land Cruiser. Haitians scrambled to pick

up shards of the broken windshield as souvenirs.

"I have chosen to leave the country to protect you, so that my presence will not be a pretext for unjustified acts," Cedras told the crowd.

As a result of Lt. Gen. Cedras' resignation, the final condition has been met by the Haitian military leadership to comply with the terms of the agreement former President Carter worked out only hours before a U.S. invasion was to begin.

Cedras is gone; so too is Brig. Gen. Philippe Biamby, who resigned Saturday. Port-au-Prince police chief Michel Francois escaped in the dark last week to the neighboring Dominican Republic.

Cedras gave no time or venue for his exile, but U.S. Embassy spokesman Stanley Schragar listed Argentina, Panama, Spain or Venezuela as possible refuges. Schragar did not rule out the United States.

Anticipating Cedras' departure, the crowd continually shouted the name of Jean-Bertrand Aristide, the man Cedras overthrew in September 1991. One man shimmied up a palm tree before Cedras, waving an American flag with a photo of Aristide in its center.

U.S. State Department officials say Aristide, Haiti's first freely elected president, will end his own exile and return home Saturday.

## STATE PRESS Editorial

### Crow pie, all around

One of the more positive aspects of ASU housing is its recycling program. At least, when it's actually in operation. The *State Press*' praise in its editorial prose for the recycling program may have, perhaps, been just a little bit misplaced for the moment. For it seems that, far from being a model of decorum and tranquillity with a minor problem or two, the program has its faults. First off, the program doesn't have all those glorious recycling bins so praised as convenient — because Surplus Management pulled some of the bins this summer (the rationale seems to vary depending on which official one speaks with). The nifty bins for student use aren't there, and so unless either the hall allocates space or the students stack up cans and papers in their rooms, recyclable materials are thrown out. In fact, McClintock Hall has been bagging aluminum cans and leaving them for transients to pick up. Some residents are also conscientious enough to haul their newspaper and cans to recycling bins elsewhere on campus, too — the Student Publications office receives the occasional load of paper from nearby dorms, for instance.

This is admirable in its concern for both the homeless and the environment, and something to complement McClintock Hall for. It is *not* a point of pride for ASU's program, however; and we can probably assume that the majority of residents are not up to hiking their garbage over campus looking for a bin, so in the trash can it goes.

Something smells rotten at ASU, and its the smell of overripe pop cans waiting for pickup. In addition, it seems that those "minor" problems of contamination aren't quite so minor — in fact, custodial workers and the RHA both agree that there are severe problems of contamination, as trash and non-recyclables are thrown in with the recyclable materials.

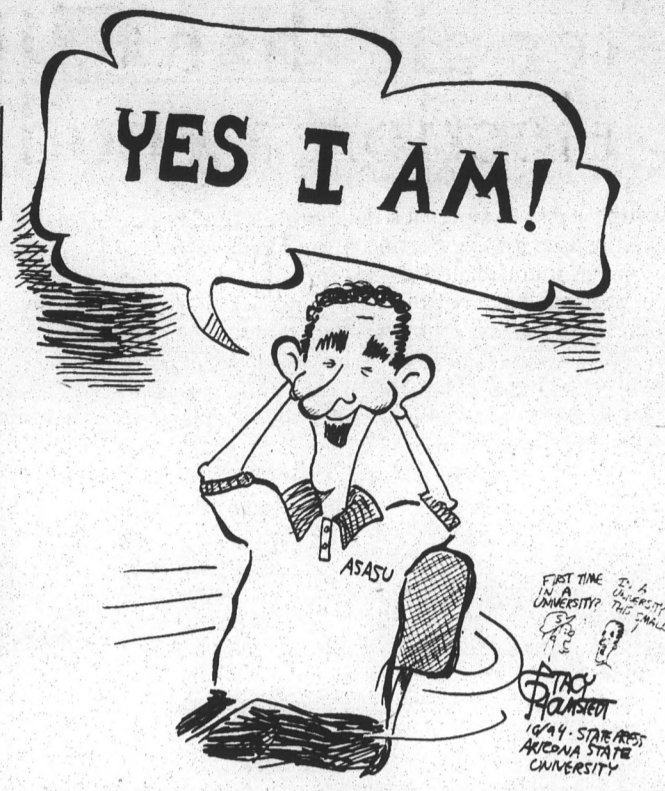
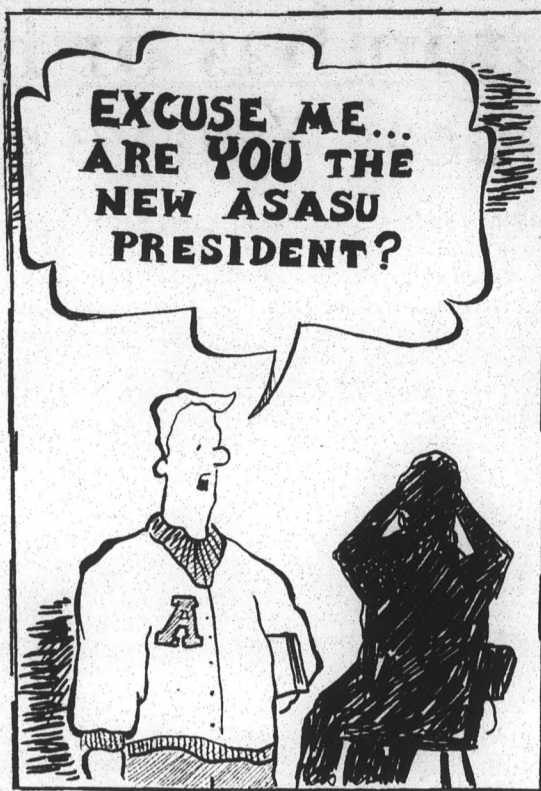
And, since there are problems both in providing bins and in picking up the materials to be recycled, it seems that large amounts of recyclables never make it to the recycling center — instead, they rejoin the trash on its way to the dump. End result, no positive benefit to humanity.

It's time to eat some crow in the editorial offices of the *State Press*: the "well planned, well designed program which deserves at least a little acclaim" we praised last month runs with all the efficiency and grace of the Soviet economy.

The program is faulty, not because of RHA, or the dorms, the residents and only partially because of the lazy few who use the bins as trash cans.

No, it's due to poor management, confusion, misdirection and a poorly planned program.

We admit the mistake — now, will the directors of the residence hall recycling programs show the same humility?



## Community initiative needed for education system to succeed

My alarm goes off. It plays the morning news: what happened yesterday, what's going to happen today. I usually don't catch the first half.

This morning, as I pull out of sleep mode, Gov. Fife Symington's smooth voice is like a little bird whispering in my ear, confiding in me his plans for Arizona education. "Parent's choice. Vouchers. Give 'em what they want."

Quick, rhythmic tones pulse out of a woman's mouth, introducing candidate Eddie Basha. Oh, good. Both sides of the story. "More money. I've got a system. Not sure if it's constitutional yet, but if it is, it'll work." Basha's rough-edged voice about combs my hair. Thanks.

Next. Libertarian candidate's (missed his name, which is funny considering I'm a registered Libertarian) voice gets cued up on the tape machine. "Hold it. More money doesn't work. We've put four times as much money into education since blah-blah; is education four times as good? More competition. Make public schools fight it out. That'll improve 'em"

Hey, hey wait a minute. What are these guys talking about here? More money? Less money? Parent choice? Competition? They're telling me they think school's the place where education happens.

Duh. Pretty hip-observation, Nick. The dreaded Moto strikes again. And where, pray tell, does education happen?

Let's put that sentence the way it plays in my inner cranial, heavy-on-the-reverb stereo system. They're telling me they think school's the place education happens. As in, the only place.

OK, well and good. That's clear. I can roll over, stuff a pillow in my ear and sleep until I have to get up. But hang on. There's a little bit more news coming across the airwaves, only this time it's KJNG, the mind's ear radio station, and it's broadcasting right out of my head's stereo system. (Plato had his demon, Sartre had his lobsters, I've got my stereo system.)

NICK BACON

Copy Editor



What my personal radio commentator reports in tones arrhythmic yet impelling, is that I know what to do.

Now, I have a healthy skepticism about myself. Sometimes, I have to work at it, but I usually remain pretty critical of the voices that tell me I am right simply because I think so. But it's 7 a.m.; my defenses are down; I listen to why I am right.

And I find out it's not me who's right, but a researcher by the name of James Coleman, who took a look at America's schools during the Johnson administration. Coleman found that school quality had some effect on how well the children performed, but the greatest effect was how well supported education was at home. Since then, he has found more evidence to support this claim.

This bit of social science struck me as really getting to the heart of the matter. But no politician is going to stand up and tell his constituents, "Vote for me 'cause I'm gonna tell YOU what to do!" The people do not want to hear that the deficiency is with them, and perhaps they don't need to.

Perhaps the deficiency is with the options we are given. The only options I have heard proposed for improving education in Arizona is to change the school system. Get those schools to be better, stronger, faster. There is no option which asks the parents to be accountable, to get involved. The voucher system fractures the school system, more money doesn't work and, personally, I wouldn't want my kids going to a school whose main focus is to be "better" than anyone. It seems to me that until we ask and expect each other to care for the children of our community and to show them that it is not only important for them, but for us that they get an education, we can compete and spend money all we want and still get nowhere.

Government needs to address this issue, but it's not likely a politician will get elected on the platform of forcing parents' participation in school. The key is to rethink how our communities and schools relate to one another. I'm no expert on school systems. I'm just an idealist. If people in communities start to care for one another, education will become important. If families start supporting education, then the government's job becomes what they think it is now: to improve schools and give people what they need.

Nick Bacon is a junior humanities major.

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## After all that Clinton has or hasn't done, is re-election a good idea? You've got to be kidding

Although I promised myself I was not going to write one column on President Clinton, I must, for he has begged me long enough.

I don't think 1996 can come soon enough. He will finish his internship in the White House and then be escorted out, never to come back. Of course, this is but a gut feeling. However, I always seem to get them most whenever I eat Big Macs, or hear *Don't Stop*, by Fleetwood Mac.

Usually I consider myself to be a pretty fair guy. In most situations I deem the underlying principle to be more important than the obvious outcome. I don't, however, use this method when evaluating the performance of the president of the United States.

The last thing I need to know is, did the president have fun, try hard and make friends, as well as progress, while he failed brilliantly as our leader? Performance is the name of his game, and winning is the only thing. By this token I think it's safe to say that Billy is going to get benched in '96, and I'm not talking about robes, gavels, etc.

Didn't any of you Democrats out there have a clue? Was this a joke, or did you all really think that Clinton could actually pull off a presidency? I don't think his age plagued him as much as his lack of experience did. Promise yourselves that you won't get fooled by the Jedi Mind/Rhodes Scholar campaign winning tactics anymore, okay?

There are several things wrong with one of the nation's youngest presidents:

First, his disability to make rational decisions in a relatively short period of time has killed him, both home and abroad. Most of the decisions I am referring to deal in foreign policy: Bosnia, Rwanda, Somalia and Haiti. Remember them; all have a few things in common: they aren't us; they seek our help via the United Nations; most of all, they have seen thousands of their countrymen die as a bad situation grows worse. All this because Clinton can't decide if he should sit or stand while urinating. I wasn't let

**DAVID WHITLACH**

Columnist



down. I didn't expect much from a man whose foreign policy experience came in England instead of the army.

If you haven't liked his overseas tactics, surely he has displeased you on the home front. Let's talk about health care, his tax plan and the crime bill. There's not much to say about his health care package except that no institution deserves that much scrutiny. Never mind that now, it's a dead issue. Just ask George Mitchell. He'll tell you.

His tax plan baffled all of you, or don't you watch Rush Limbaugh? Actually you don't need to, just talk to your parents. He has created a giant fallacy. He hasn't reduced the deficit, he has reduced deficit spending. Although that sounds good, he is hurting more people than he is helping. He has jammed the middle class by increasing the tax rate and, at the same time, decreasing tax deductions to merely a home. Bottom line, we are being taxed more with less to deduct. Small business and non-home owners start praying if you haven't already.

The crime bill has good intentions, it just costs too much: \$30 billion, to be exact. The only part I like about it is that it broadens the use of the death penalty. Too bad we kill criminals at a slower rate than snails mate.

Does anybody remember Clinton's position on gays in the military? That was fun watching him sway in the wind. I think his position ended up being that you could be gay on Mondays, Wednesdays and Fridays, and that we won't ask on Tuesdays and Thursdays; but, you can never tell.

Another theme emanating from our chosen one is that he doesn't back his life long friends. Clinton's policy in a sticky situation is to forget who he knows. We just witnessed Agriculture Secretary Espy resign in front of the Ethics Committee: no help from his buddy, Bill. When Zoe Baird, Clinton's first pick for AG, was found to have a few tax problems, Clinton wanted nothing to do with her, either. Do you remember what happened to Vince Foster of the

White House Council? When Whitewater hit, he took his own life. Rostenkowski, the number one supporter of Clinton's health care package, who found a way to transfer money from the Weighs and Means Committee to his pockets, also resigned. Clinton doesn't know him any longer, either.

Clinton will be remembered for inventing the game, "Name The Supreme Court Justice." I ended up liking the pick, I just had to drop out of the game because I couldn't find any more time to waste.

Maybe his age has hindered his performance after all. He certainly likes to chase women. No matter what the outcomes of the Gennifer Flowers and Paula Jones sagas were, or will be, nobody needs this in the White House. For a man who throws the stone of family values, I hope he isn't looking to revamp the White House into the Glass House.

If you honestly believe he has done things in office, good for you. He has.

He has managed to elevate the demise of the Democratic Party. He can't find support from anyone less than staunch.

He has lost his mid-line democrats and, quite frankly, his party is tired of being embarrassed by him. They can only hope his last two years in office reflect a state of great lassitude. I think the Democrats held off on ordering those, "Four more years" signs; how about you?

I really feel sorry for this man. I praise him for having the courage, the integrity and the desire to be another one of America's presidents. Like I said before, his lack of experience killed him. I am a fan of the political system. I enjoy competition, the right to choose and freedom of speech.

Democrat or Republican, I don't like people who help ruin the image of America or its political system. Bill Clinton has done both.

*David Whilach is a senior political science major.*

### Childhood names shouldn't follow through to college

I am writing in response to Mike Stevens Sept. 19 *State Press* article "One billion Chinamen can't be wrong As a Chinese who grew up in America, I can say that the last time somebody called me a "Chinaman" was on the playground of my elementary school. Those kids used the word as an insult towards me and I took those words as an insult. I expect that by the time I am in college I would not have to deal with those kinds of remarks for I expect college students to know better, but obviously I was wrong. Just as what Professor Roger Axford said in the opinion pages on Sept. 28, "The Chinese people do not appreciate being called "Chinamen"

Mike Stevens, I don't appreciate being called a "Chinaman." Don't try to tell me that you are only quoting and old saying because I know in your mind that you know the word, "Chinaman" is an offensive remark. Anybody old enough to attend college would know what those remarks imply and if you truly don't understand what these kinds of remarks means, I would suggest that you go to a playground sometimes and play a game of marbles and find out from those little kids what it means.

**Albert Sun**  
Sophomore  
Accounting

### Parental notification idea needs extra thinking

I'm responding to Bill Tierney's article of Oct. 5 ("Parental notification is common sense"). When I first read Tierney's article I found it to be very reasonable and persuasive. However, as I began to consider his point of view I found some distinct problems with it.

First: One can not account for every individual's family life. Some girls or young women may be unable to tell their parents of their pregnancy for just that reason: they can't. Coming home pregnant is somewhat more serious than an 'E' on a report card.

Yes, you say that they could go to a judge, yet I challenge you to find one sixteen year old who is together enough to march up to a judge (praying he is pro-choice) and demand an abortion.

Second: While I see Tierney's view that a parent is responsi-

ble for the well-being for their child, it is still the woman's body. It is her body about which to make choices; not her parents', not a judge's and certainly not a politician's. Women (and girls) make choices about their bodies every day, choices concerning sex, drugs, sports, and every other activity. If they can be trusted with these choices, why not abortion?

Lastly: By starting to make restrictions on abortion (even restrictions as seemingly benign as parental consent) you are opening an uncomfortable can of worms. Is this going to enter into a large number of restrictions on abortion, or other personal liberties? Where does it all end? I think we all have heard enough horror stories about women dying in botched, back alley abortions.

I ask you all to carefully consider whether you really want to make a decision that could affect so many people in ways we can't possibly predict, and whose overall outcome may be immeasurable.

**John Fuhro**  
Freshman  
History

### Letters to the Editor

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### Kelley's 'bias' on health care should be debated

Another columnist (Barry R. Kelley, Oct. 6) is adding to the *State Press's* biased and superficial "analysis" of the health care problems facing this country.

The bandwagon of "government bashing" completely obscures the fact that the present privately-based insurance system is an enormous paper bureaucracy, profiting from not insuring the people who need it the most and costing everyone else much more per capita than in other countries.

If Kelley believes that the uninsured could afford health insurance by getting a tax deduction, he should really take a job in the nearest convenience store and try it out. Just hope you don't get sick.

Access to basic health care is as fundamental as access to basic education. (How can you learn, if you are not healthy?) Something that has been realized in all other Western countries, except the United States. Instead of spewing rhetoric about government power-grab and taxes, Kelley should seek information about different ways of delivering health care to a nation.

I, therefore, invite him and anyone interested to an upcoming panel discussion "The Health Care Debate: The Norwegian Model," co-sponsored by the Scandinavian Studies Program at ASU and the Phoenix Chapter of the Norseman Federation. It will be held Nov. 19 at 3 p.m. in the Maricopa Room of the M.U. The Norwegian Consul General Anfinn Ullern will give an introductory talk on the Norwegian system, and the panel members include professionals with interests in the health care field. Let's have a reasoned debate based on knowledge and understanding!

**P. Aannestad**  
Professor  
Physics and Astronomy

#### Editor's note

On the opinion pages Sept. 28, guest columnist, Daniel Blanco, wrote, "Original laws against rape weren't based on a woman's rights being violated but on the loss suffered by the victim's abuser for having his property defiled." It was supposed to have read, "Original laws against rape weren't based on a woman's rights being violated but that the victim's husband, father and brother had suffered the loss by having their property defiled."

# Internet policing may be on way after Kaplan prank

By LISA GONDERINGER  
STATE PRESS

"How would you feel if you called up your BMW dealer and were automatically connected to Hyundai?"

This question was posed by Jonathan Grayer, president of Kaplan Educational Centers, in response to a trick played on his company until last week by its competition. The trick was as far-reaching as Tempe.

John Mill, an ASU pre-med graduate student, was reviewing for his Medical College Admissions Test through Kaplan Educational Centers, a national test review center that serves about 1,000 Phoenix-area students a year. Mill thought he might take advantage of his access to the Internet computer system to get ahead on his review.

"I have a busy schedule and I thought maybe Kaplan might have files of possible test questions on the Internet that I could download onto my computer," Mill said.

So he looked up the address KAPLAN.COM on the Internet. Usually groups interested in sending out informa-

tion will choose an easy-to-identify name for their address so users can locate them easily.

Instead of finding information from Kaplan, Mill found a list of testimonials slamming Kaplan's services.

"I was already doing the Kaplan review," he said. "But if I hadn't been, I might have chosen not to use them."

The information Mill saw was part of a prank played by the Princeton Review, Kaplan's largest competitor.

"We registered the name, in part, to irritate Kaplan," said John Katzman, president of Princeton Review. "Clearly, we've done that."

When Kaplan found out about this, it took Princeton Review to an arbitration panel in an effort to get its name back. The panel ruled in favor of Kaplan last week, forcing Princeton Review to relinquish the name.

It was possible for Princeton Review to use Kaplan's address because the Internet system is largely unregulated.

Currently, parties interested in sending out information over the Internet can choose any address specifying their

name and location as long as no one else is already using it. People interested in their information need only type that address into any computer connected to the Internet to have access to the information.

This can lead to problems when two companies with similar names want to use the same name for their Internet address. Or, if a company's competition wants to make its competition look bad.

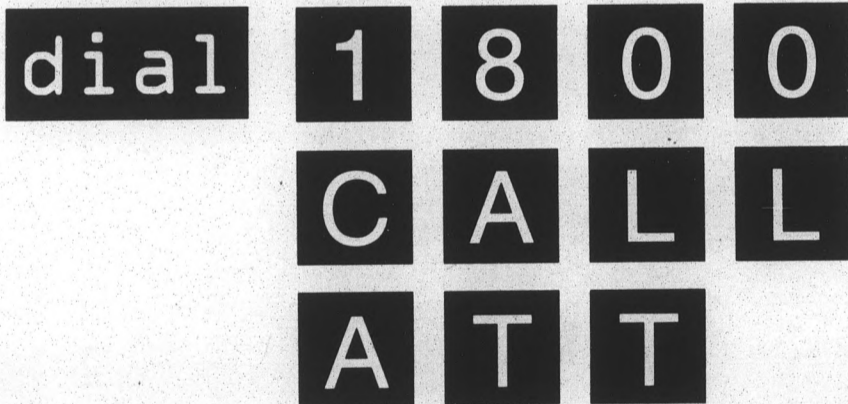
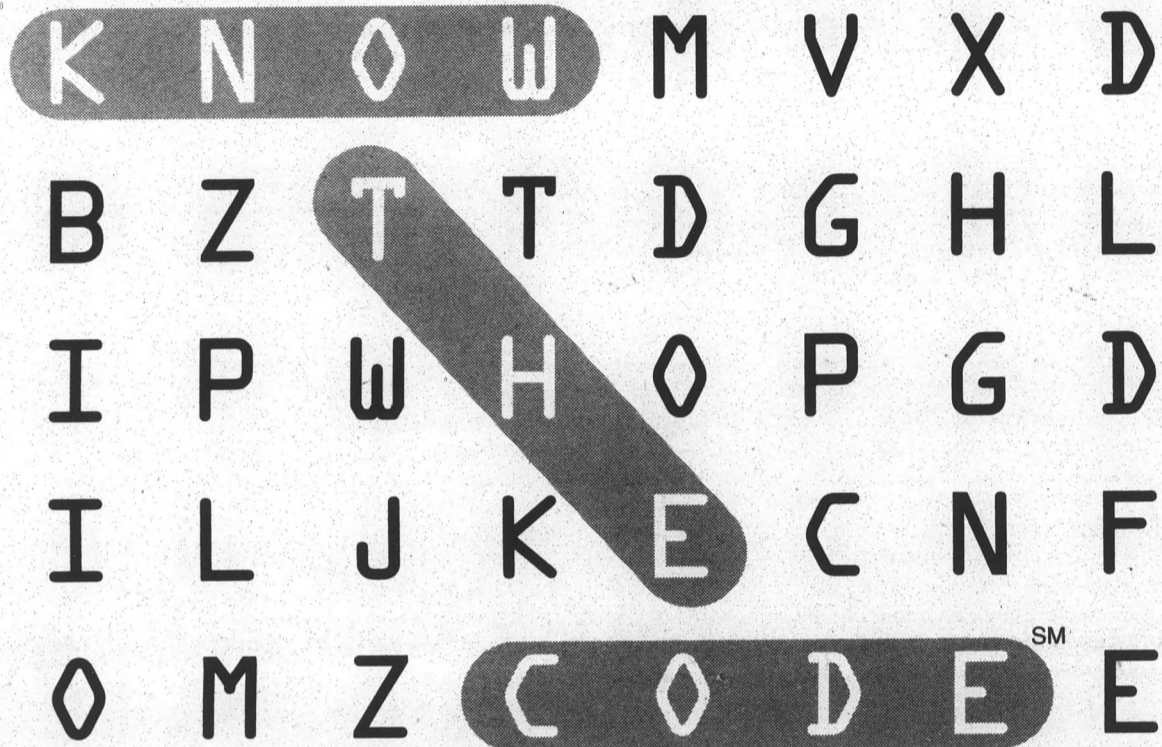
In early 1994, the Princeton Review registered the name REVIEW.COM on the Internet to give out information about its services. Shortly after, it also registered the name KAPLAN.COM as a place for "students to share Kaplan horror stories." In other words, people, like Mill, pulling up the address KAPLAN.COM would think they were getting information about Kaplan but would really get negative information about the company supplied by Princeton Review.

Further pranks like this could lead to regulation of the Internet, said Skip Brand, senior management analyst with ASU's Information Technology.

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# Columbus Day canceled in Santa Cruz

SANTA CRUZ, Calif. (AP) — In this California seaside town where the offbeat is often the norm, Columbus Day wasn't.

The name of the holiday was changed last month to Indigenous People's Day, forcing Italian-Americans to commemorate their explorer hero unofficially.

What might be weird elsewhere becomes everyday in Santa Cruz, where civic pride includes reverence for its hippie-haven past and where

computer freaks can order pizza via the Internet.

Local Italian-Americans, whose fishermen forefathers came to the Monterey Bay by the thousands, muddled through without making any fuss over the liberal City Council's latest move.

"It didn't surprise me because they've done so many odd things," said Skip Tara, head of Stagnaro Brothers Seafood Inc. "We try not to get excited when they go stupid like they do."

Gilda's restaurant on the wharf, owned by the Stagnaros, flew its Columbus Day flag Monday, as it has for the past 45 years.

The resolution that changed the name of the holiday noted that American Indians died from diseases brought by Europeans. Many criticize honoring Columbus, arguing his New World discovery was an invasion.

The Columbus Day name change follows similar actions in Berkeley and the state of South Dakota.

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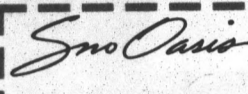
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# POLICE REPORT

**ASU police reported the following incidents Monday:**

- A male student reported that someone stole stereo equipment from his vehicle.
- A female student was trapped in an elevator at Manzanita Hall and was freed from it by the Tempe Fire Department.
- A man unaffiliated with ASU was arrested for DUI at 202 E. University Drive.


**Tempe police reported the following incidents Monday:**

- An armed man attempted to rob the Circle K at 939 W. Baseline Road. The man pointed a gun at a clerk and demanded money, but the clerk refused to give the robber money. The suspect left and got into a white Buick driven by a second unknown suspect. The vehicle was stolen from Tempe and was found abandoned. The suspect is described as a thin white male wearing a white plastic hockey mask.
- A 27-year-old man was arrested on two counts of burglary after he confessed to burglarizing his parents' home to buy heroin. He said he wanted to go to jail because he had no home and he wanted to get off the drug. He refused

to tell police where he sold or traded stolen property for drugs.

- An armed man robbed the Subway at 1320 W. Elliot Road. The robber fled on foot after a clerk gave him money. The robber is described as an Hispanic male, 5 feet 7 inches and 160 pounds. He was wearing a clear mask at the time.
- A man was kidnapped when he dropped off a woman in the 1800 block of East Don Carlos Avenue. Two suspects kidnapped the man, one of them holding a .45 caliber gun while the other drove to an unknown location where they stole his jewelry and a small amount of money. The victim said he was held until noon Friday at an unknown house and was later released with his truck in the area of Price Roads and Southern Avenue, where the suspect fled on foot. The victim said his shirt was pulled over his head during the entire incident and he could supply no information on the location he was held.

Compiled by State Press reporter Karyn Riedell



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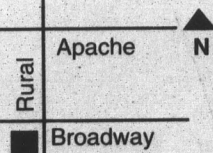
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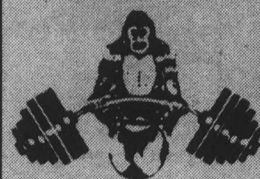
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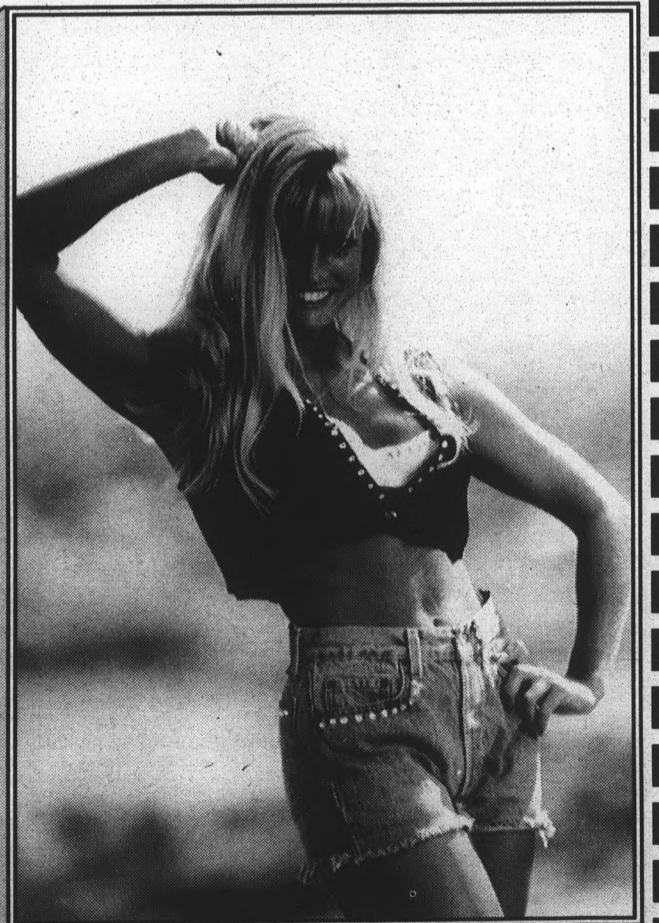


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DANA V.

Photo By: Les Maness

# Getting in shape in the great outdoors

If you haven't already, you might want to think about starting an outdoor exercise program. Here's the final word on getting motivated and getting results.

First you must decide on a training goal that will get you motivated. Anything from a specific training achievement to an exact amount of weight or inches lost will work. If you have a physical goal, check with your doctor to set a reasonable target. Get creative: Try reducing your resting heart rate or your body fat percentage.

The best beginning to any fitness program is brisk walking. You'll get aerobic benefits without punishing your joints. Combine these walks (no lollygagging!) with simple stretching and you'll be ready for more aggressive exercise.

If you enjoy jogging, time yourself around a track at a nearby school, then try to shave 5 percent off your time. Cyclists can use weekly mileage goals as a base line for achievement.

Another goal-setting strategy (which is my personal favorite) is to pick an active adventurous vacation, then train for it. There are hundreds of exciting outdoor get-aways that involve backpacking, hiking, aquatics, cycling and many other activities.

How about an inn-to-inn hiking trip along the Oregon coast or up in the Canadian Rockies? How does a bike tour through Cajun country sound? Put down a deposit on one of these trips and you'll never have a problem getting motivated to work out. Look in the travel directories in the back of *Outside* or *Bicycling* magazines, or check with your travel agent for complete information on destinations all over the world.

Try kayaking for a great upper body training challenge. There are kayak excursions to premier whale-watching areas, special winter trips and kayak schools. Workouts in preparation for a kayak trip should focus on your shoulders, hips and buttocks, in addition to jogging or other aerobic training.

There is no great mystery about how to prepare for cycling expeditions: Get on a bike, preferably outdoors, and get going. In order to get the best aerobic results,

ride at least three times a week for a minimum of 20 minutes.

Similarly, hiking trips require aggressive outdoor walking and jogging workouts. When you're setting your workout goals, keep in mind that uphill mountain climbs are doubly tough because of the thinner (lower oxygen content) air.

Remember when you got together with other kids in the neighborhood and went out to play with no particular plan in mind? The message from the outdoor cross-training front is to grab some friends and go outside and just play. Construct an obstacle course with Mother Nature's help. Run to the first tree, swing around to the back of the bushes, jump and touch the cross branches three times—all in the spirit of fun.

Apply the same philosophy and you can create a Frisbee golf course anywhere there are open spaces. Players take turns creating Frisbee holes/targets with par values based on the number of throws instead of strokes. Go over the big hill and through the trees for a brutal par five, or straight across to a flagpole for a par 3. Make sure you watch out for Frisbee-eaters such as roofs, thick trees and water hazards.

Skiing can be a tremendously exhilarating experience—beautiful scenery, fresh, crisp air, plus the unique excitement of speed. Skiing can also be very dangerous, particularly for beginners trying to gain their first measure of confidence.

Safety on the slopes comes with knowledge and experience. You can get both by attending a ski camp or clinic, where several days of intensive instruction can help skiers at any level. Most programs include videotape analysis in addition to the sage advice of the local gurus.

There are also clinics specific to cross-country skiing and snowboarding. These sports are not just ESPN creations—they're fun, easy to learn and, like skiing, provide excellent all-around workouts.

Many ski resorts also offer a terrific low-budget way to enjoy the beauty of snow-covered landscapes—guided snowshoe tours. These aerobic workouts require little

instruction and are enjoyable for all ages.

"Walking for Exercise and Pleasure" is a fairly comprehensive and cheap source for information about walking. Just send \$1 and your name and address to R. Woods, Consumer Information Center, Pueblo, CO 81009 (request item 109Z).

The pamphlet includes illustrated warm-up exercises and advice on how far, how fast and how often to walk for best results. Remember to push yourself. Increasing your pace from 3 mph to 5 mph can give you four times the aerobic results.

What does Roger Craig, known as the fittest man in football, recommend for conditioning? The Minnesota Viking running back keeps his physical edge by trail running, a helter-skelter workout through rough terrain.

Traversing challenging, uneven areas creates great intensity because of the up-and-down pacing and great variety of physical movements. Remember to use great caution. Trail running requires proper footwear (trail-running shoes are a must) and concentration to safely avoid rocks, fallen branches, etc.

The popularity of this activity is still rising. The Wall Street Journal measured a 50 percent increase from '91 to '92 as more than 9 million Americans joined in the skating craze.

There may be roller hockey leagues in your area, as well as other organized in-line skating activities. A good reference book for in-line enthusiasts is "The Complete Guide and Resource to In-Line Skating" by Stephen Joyner (Betterway Books).

While in-line skates are getting all the attention, don't forget about ice skating. Skating is terrific outdoor wintertime exercise and, given the right circumstances, can be quite romantic.

Swimming regularly will improve your sex life, according to a Harvard University study of 160 swimmers. People who swam regularly noted significant improvements in sexual frequency and enjoyment.



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# Staying in shape, from yoga to boxing

## Fat Facts

It may be fashionable to work out and watch what we eat, but most Americans don't practice what medical experts preach. According to the Centers for Disease Control, one-third of men and one-fourth of women are obese, and only 53 percent of those people are on a diet, down from 56 percent in 1985.

## Medical Myths

Here are a few old home remedies you should avoid: Don't apply butter to burns, don't treat ulcers with milk, don't slap a choking person on the back, and don't use alcohol baths to reduce a fever.

## Smoker's Blues

Here's another reason to kick the habit: Smokers are more likely than nonsmokers to catch colds. They also die from pneumonia and influenza twice as often as nonsmokers.

## Battling Insomnia

Exercise in the afternoon or early evening to sleep better at night, but avoid working out just before bedtime.

For a people as fiercely dedicated to their right to cocoon as to their right to exercise, it's no surprise that many of today's most popular fitness forays are indoor pursuits.

Any type of health club workout is an indoor-exercise mainstay, and the likes of dancing classes, boxing sessions and at-home exercise videotapes fill the bill as well.

The current indoor front-runners, however, are forms of exercise designed to improve mind as well as body, with the benefits extending beyond physical fitness to include wellness attributes such as relaxation and stress reduction.

Yoga, with its deep breathing, stretching postures and mind clearing techniques, probably could be considered the granddaddy of this fitness branch. The current rage is tai chi, a series of slow, relaxed circular motions developed in China as a system of self-defense and an aid to meditation. Karate, aikido and chi kung are other Eastern disciplines that encourage integration of mind and body.

Aside from sports specifically devoted to the mind-body connection, fitness instructors now employ mental motivational methods to almost every form of workout. Some of the most popular are:

- Progressive relaxation techniques, which teach people to first tense and then relax all major muscle groups. The theory is that by fully relaxing the muscles, you help relax the mind.
- Visualization, which uses mental pictures to change attitudes and behaviors—for example, imagining that distracting thoughts during a workout are sail boats that sail by as you

bring your attentions back to exercising.

- Guided imagery, which encourages people to imagine various scenes as an aid to relaxation—for example, walking on a quiet beach, waves rolling onto the sand, and finally throwing all your tensions into the water and letting the waves wash them out to sea.

Also popular are calisthenic type exercises designed to improve performance efficiency whatever the sport—including stretches designed to improve body alignment, and exercises devoted to enhancing an athlete's balance.

Traditional dance-style aerobics classes are becoming enlivened with the introduction of a variety of exciting equipment and contemporary dance steps and music.

Prospective aerobics students can find classes with music to suit any palate, from gospel rock and Broadway tunes to salsa and African rhythms.

Choreography ranges from country-western line dances to hip hop moves and from shadowboxing techniques to kung fu aerobics, which is the art of learning martial arts in an aerobic fashion to music.

As for equipment, step classes are among the hottest, but jump rope and resistive strength-training devices also are popular. And many classes now dedicate a portion of each class to strength-training workouts designed to trim trouble areas such as the abdomen, buttocks and thighs.

While boxing techniques sometimes are used as choreography in aerobics classes, the sport itself also enjoys a strong—and growing—following of both men and women. Programs

offered in health clubs and boxing gyms simulate the intense endurance and strength training boxers undergo before they step into the ring, and no sparring is involved.

Workouts typically consist of hitting the bag, shadowboxing, bobbing and weaving, skipping rope, push-ups, sit-ups and jogging.

Cross-training is simply the rotation of several fitness activities on different exercise days. It helps to alleviate overuse injuries as well as potential boredom with an exercise routine.

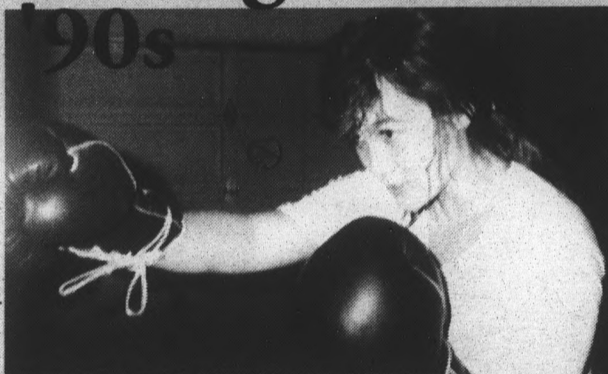
While traditionally this type of training has focused on utilizing a variety of sports—such as cycling, running and swimming—the concept applies just as well to working out at the gym. The key is to alternate high-impact with low impact activities every other day—such as one day of aerobics or racquetball followed by a day of stationary cycling or using a gliding machine—and to alternate cardiovascular activities with strength-training. Experts suggest you perform one strength training session for every three cardiovascular system sessions.

One cross-training option that's catching on is indoor rock climbing, which is an ideal way to learn the basics of an exhilarating outdoor sport in a safe environment. Some gyms have rock-climbing walls; also check with outdoor outfitters for availability.

Dancing classes can take you from the ballroom to a barn's square dance, from the community of line dances to the sensual pairing of salsa, from the tradition of clog to the funk of hip-hop. Community colleges, city recreation departments and health clubs all are good sources for finding a dance class whose steps suit your style.

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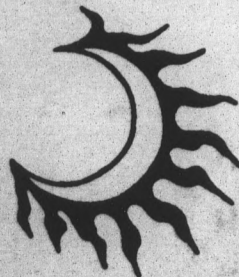
**The only permanent cure for obesity is aerobic exercise.**

Aerobic exercise provides long-term benefits by building muscle, toning it, altering its chemistry and increasing its metabolic rate.

Ten popular exercises, their long-term fat burning potential and risk of injury:

	Long-term fat burning	Injury risk
Cross Country Skiing	very high	low
Running	high	moderate to high
Cycling	moderate	low
Slow Walking	low	low
Fast Walking	moderate	low
Race Walking	high	low
Swimming	low	very low
Stair Climbing	high	moderately low
Treadmill	moderate to high	low
Rowing Machine	high	low

## it's bed time.



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# Preventing and treating sports injuries

Sports injuries are a fact of life. Whether a weekend athlete or a seasoned competitor, people who exercise are almost certain to see their share of bruises and breaks, strains and sprains, tears and dislocations.

While the incidence of injuries cannot be eliminated, they can be minimized—often by something as simple as reaching for your toes.

Stretching, or flexibility training, is widely accepted by fitness experts as the single most effective means of reducing injuries and improving athletic performance. The key is to gently stretch the entire body—head to toe—both before and after a workout.

While most recreational athletes tend to stretch first and then begin exercising, experts say it's much more effective to first gradually warm up the muscles and then stretch. Cold muscles do not stretch well and can pull if over stretched. To avoid this situation, simply take a brisk walk, do light calisthenics or jog lightly to gradual-

ly get your heart pumping and blood flowing into the muscles. Then, stretch those muscles before playing a sport or exercising strenuously.

Experts also emphasize the importance of a warm-down period and stretching after a workout. A warm-down is a 5 to 10 minute period of continued, mild activity after strenuous exercise that allows the heart to adjust blood flow without any pooling of blood or lactic acid in the muscles.

Stretching muscles after the warm-down helps restore full range of motion and flexibility to reduce the likelihood of tearing a muscle during the next workout.

"You will find that those 10 to 20 minutes of stretching after warm up and warm-down will go a long way toward preventing injuries, muscle soreness, and stiffness," writes Dr. Allan M. Levy in the "Sports Injury Handbook" (John Wiley & Sons). "This may be the most important time you spend during your entire

workout."

In addition to providing general information on proper stretching and conditioning techniques, Levy's book also tells how to treat and prevent injuries in more than two dozen sports—from aerobics to wrestling. The information also is presented according to specific body parts—such as head, knee or elbow.

Regardless of your sport of choice, the following guidelines will help ensure maximum benefit when you're ready to stretch:

- Relax and stretch each muscle group. Starting with your neck and working down to your toes not only will feel good but also will ensure that no part of the body is overlooked.

- Go gently. Muscles tighten during exercise and they need gentle stretching—with no bouncing movements—to help relax and to avoid soreness.

TURN TO SPORTS INJURIES, PAGE 13.

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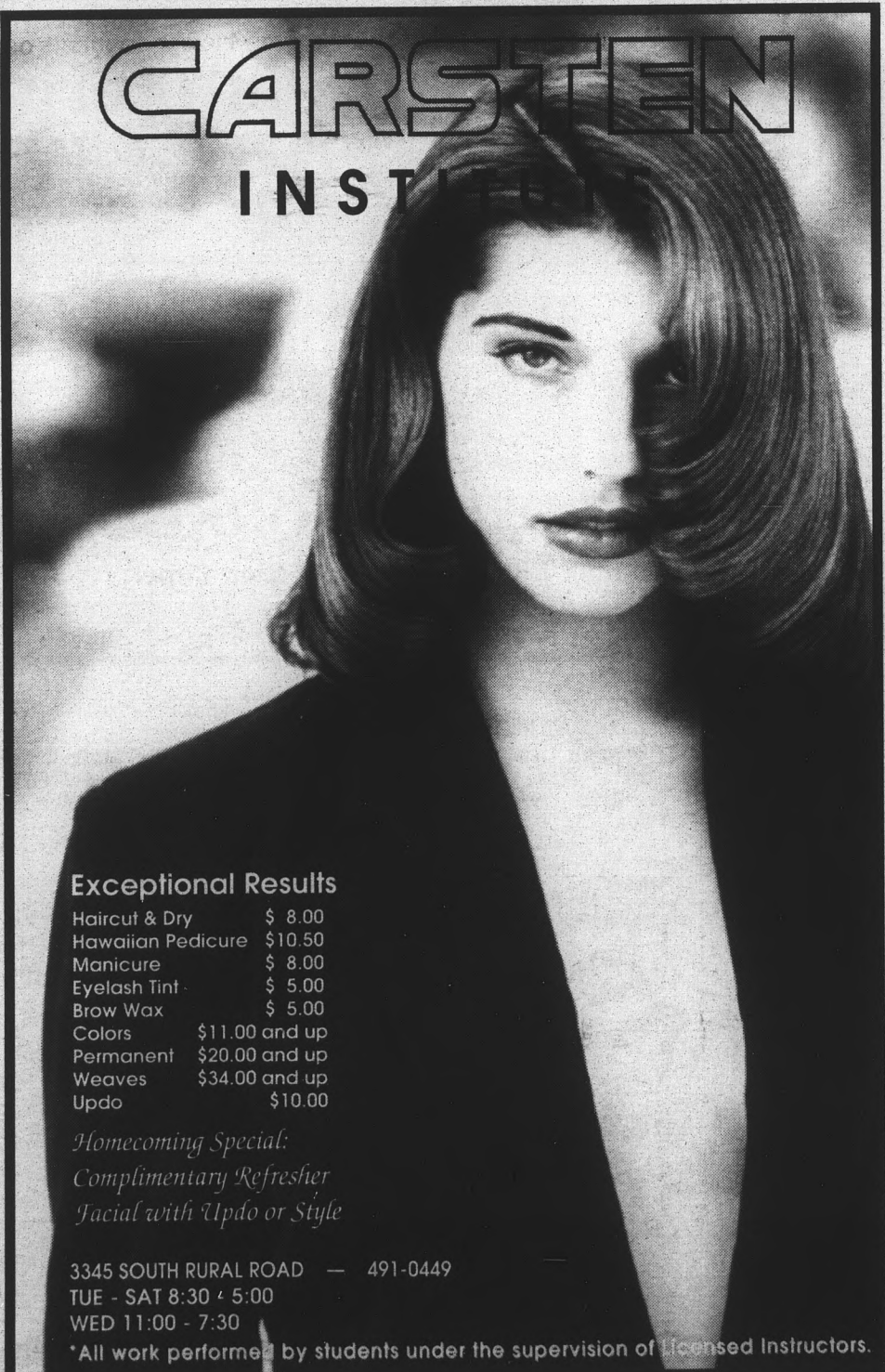
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## Sports Injuries

CONTINUED FROM PAGE 12

- The stretch should be felt in the muscle and not in the joint.
- Hold stretches for at least 10 seconds, preferably up to 60 seconds for maximum effectiveness.

If you're in the mood to pamper yourself post-workout, consider hiring a professional sports masseuse. Designed to improve circulation, relieve tension and reduce post-activity muscle soreness, sports massage is a sort of passive stretch that can do your body wonders.

While stretching is a powerful tool in reducing injuries, it's also essential to use proper equipment and technique.

Articles in sports magazines and trips to sporting goods stores can help keep you up-to-date on the latest equipment—from helmets and mouth guards to goggles to shoes.

As for technique, there's a clinic, class, trainer, sports physician or book ready—whatever the sport—to give you practical tips for improving your stance, grip, stroke, stride or posture.

If prevention efforts fail and you become injured, the first step toward recovery is to rest the injured area.

For sore muscles the day after a workout, take one day of rest, then do a shorter, lighter workout than usual the following day. Repeat the one-day-off, one-day-easy sequence until the pain is gone.

For strains and sprains, try RICE—rest, ice, compression and elevation—to reduce swelling. For joint pain, simply rest and take aspirin or comparable pain reliever to soothe the inflammation that causes joint pain.

Before resuming workouts following an injury, focus on gradually regaining strength and flexibility in the injured area. For every day of disuse, experts say, it takes two to three days of reconditioning to return to your former level of fitness.

If pain persists or if the injury is recurring, consult a sports physician, physical therapist or chiropractor.

## Choosing a trainer

For many, the logical first step in getting fit is joining a health club, but that's not necessarily the secret to success.

According to training experts, if you're not exercising properly, you won't realize fitness benefits even if you work out at a club regularly.

The key to true and total fitness, they say, is to turn to a personal fitness trainer.

Trainers design specific individual workout programs according to a client's age, health status, present level of fitness, body type and personal goals. Then they run them through the workout paces—to ensure proper form and dedicated effort.

Trainers can be found through the recommendation of your health club—some clubs even keep a few trainers on staff—or through a consulting firm that will pair a client with a consultant who will come to his workout environment of choice at designated times.

Like almost anything else, exercise is an individual activity, so you need to choose the trainer who is right for you. Do you want a simple exercise program you can live with? A professional mastery of gym equipment? Hands-on help with body sculpting? Trainers have different specialties, so choose accordingly.

Ask each prospective trainer questions such as where he received his training and if he's certified in CPR.

Ask to see certification and whether he carries liability insurance. Get referrals.

Most importantly, make sure that you feel comfortable with him. If a prospective trainer seems boring, chances are he is not going to be a good motivator.

Most people who work with trainers do so for a period of two to six months, after which they feel comfortable designing their own workout regimens.

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- Riding against the traffic flow is a major cause of all bicycle accidents in Tempe.

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- Never ride against the flow of traffic on sidewalks or streets. Always ride with the traffic flow.
- Obey all traffic control signals, signs, and laws.
- At night, ride with a white light on the front of your bicycle and a red rear reflector on the back of your bicycle.

### And Always...

- Yield to all traffic when entering a street (roadway) from a sidewalk, bikeway, or bicycle path.
- Slow down when approaching intersections.
- Do not assume you are safe because you have the right-of-way. In a car-bicycle collision, the bicyclist always loses.
- Remember to wear your helmet!

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BICYCLIST

# Best foods

The National Cancer Institute believes that diet is a factor in nearly 35 percent of all cancer deaths. A low-fat, high-fiber diet is believed to help fight the disease. Here, according to the *Health and Vitality Newsletter*, published by CancerQuest Inc. of San Diego, are the "10 Best Picks in Cancer-Fighting Foods."

- Broccoli. Broccoli is a good source of vitamins and fibers, and as a member of the cruciferous vegetable family joins cabbage, kale, cauliflower and brussels sprouts.
- Sweet potato. This vegetable is high in beta-carotene, which is also abundant in most yellow, orange and dark green vegetables and fruits.
- Beans. Also called legumes, beans are an excellent source of fiber, protein, vitamins and minerals, and they're also low in fat.
- Whole grains and multigrains. Eat them via oatmeal, multigrain bread, muffin or rye crackers; whole grains are a good source of fiber and vitamin E.
- Pasta. The fiber-filled, low-fat carbohydrate really is good for you. It's the

sauce that can tip the scales against it to high-fat. Choose olive oil- or tomato-based sauces; go light on the cheese and choose Parmesan or mozzarella or other low-fat cheeses. It's always good to top pasta with fresh vegetables.

- Oranges. A great source of vitamin C, oranges may also help relieve stress and allergies, says Health and Vitality.
- Fish. High in omega-3 fatty acids (fish oil) that appear to inhibit cancer and heart disease, fish is also low in fat and cholesterol.
- Turkey. It's a lean meat with protein, iron and vitamins, is lower in fat than chicken or the leanest cut of beef. Replace ground beef with ground turkey in your favorite casserole.
- Yogurt. This dairy product is high in calcium and may also contain a "good" bacteria that may help your body fight carcinogens. Choose nonfat yogurt with acidophilus.
- Garlic. The selenium and sulfur compounds found in garlic may help eliminate toxic substances and may even slow tumor growth.

## HEALTH WATCH

### How to find your ideal daily caloric intake.

Use this formula to find general caloric needs for weight loss or for maintaining your ideal weight. Be sure to check with your physician, because caloric needs vary with age, gender, physical condition, pregnancy, lifestyle and other factors.

- 1 Multiply your desired weight by 10. \_\_\_\_\_
- 2 Now multiply your desired weight by:
  - 3 If you're sedentary \_\_\_\_\_
  - 5 If you're moderately active \_\_\_\_\_
  - 10 If you're very active \_\_\_\_\_
- 3 Finally, add the two numbers together to find your ideal daily caloric intake. \_\_\_\_\_

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For more information, contact: Elaine Mora, Jen Parsons, or Drew Guarneri at 965-8900

Costs: \$8.00 entry fee for Singles  
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Eligibility: All ASU Students, faculty, staff, alumni and spouses  
\*\*\*Single elimination

## Exercise videos

There are hundreds of ways to work up a sweat in front of the television. Just pop an exercise video in the VCR, hit the power and away you go. With new releases practically every week, you've plenty of choices in the video fitness game.

To find one that works for you, check reviews in health and fitness magazines and fitness video guides, or ask a fitness instructor what he or she recommends.

Another idea: Rent a workout tape from a video store so you view the program before you purchase it.

Check to see if the instructor stops to check her pulse, explains how to do the exercises correctly and offers a warm-up and cool down.

It's also a good sign when the video instructor is certified by a professional organization such as the American College of Sports Medicine.

Some new titles to consider include:

- "Jaclyn Smith Workout for Beauty and Balance"
- "Boxout" (Polygram)
- "Cindy Crawford: The Next Challenge" (Goodtimes)
- "Kathy Smith Great Buns and Thighs Step" (Body Vision)

# How to pick a health club

For much of the population, the road to well-being begins through the doors of a fitness facility. Call them health clubs, gyms, workout centers or spas, they're all in the business of making the most of your muscle.

But how to make sure you're getting the most muscle for your money?

Careful selection of a health club starts with the traditional legwork of comparison shopping. To begin, think about the sort of workout you want from a club. There is more than one route to fitness, and each club you visit will have its own particular areas of focus and expertise.

Some specialize in strength training, others in aerobics or step classes. Some facilities offer state-of-the-art computerized equipment such as stairclimbers and stationary bicycles; others focus more on stretching and flexibility classes such as yoga, tai chi and martial arts.

While you want to make sure any club offers the types of training you think you'll enjoy, remember that variety is the spice of life that keeps workouts working—so it's wise to select a facility that offers a wide range of programs at a variety of experience levels.

For example, if you're beginning as a novice in a step class, you won't remain a novice long—make sure there are other more advanced classes to which you can progress. And even if you love the stairclimbing machine this month, next month may find you unmotivated—unless you can switch to working out in a strength training class that uses resistive devices such as rubber tubing.

The basics for any well-rounded facility include: free-weight room, Nautilus circuit, aerobic classes and cardiovascular equipment such as stationary bicycles, tread mills, rowing machines, stair climbers, cross-country ski simulators and gliding machines that simulate skating.

In addition, depending on your interests, you may or may not want to seek out a facility that offers activities such as:

- Indoor running-walking track.
- Swimming pools with swimming or water aerobics classes.
- Basketball, racquetball and tennis courts.
- Child care or kids' fitness classes.
- Classes for special-needs groups such as seniors, pregnant women and arthritics.

- Supervised training for people undergoing physical rehabilitation following accidents.
- Chairrobics for the physically challenged.
- Martial arts and self-defense classes.
- Unisex classes or weight rooms.

The best clubs also offer personal trainers to help motivate and ensure that exercises are properly performed. Trainers also help design a personal workout that meets your specific fitness goals—whether to lose weight or build bulk, focus on cardiovascular or strength improvement.

At a minimum, the club should offer introductory sessions in which new members are given an overview of all the club has to offer and are brought up to speed on dance moves and equipment usage.


Before plunking down money on a membership fee, check to see if the staff is trained in injury prevention and CPR. Drop in on several of the classes to see if the instructors and participants seem to be having fun—and if they represent a diverse cross section of ethnicity, sex, and physical size and shape.

Be sure to visit the gym on the days and at the time of day you believe you will work out so that can see how crowded it will be for your workouts.

Check out the locker room for cleanliness of shower facilities, sinks and locker areas. Does there seem to be a sufficient supply of lockers for the number of people at the gym?

Look for the following evidence that the facility is geared toward total wellness:

- Nutrition adviser on staff and a cafeteria that serves healthy foods.
  - Body composition analysis with education about health standards for body fat and weight.
  - Signs that encourage safe and proper use of equipment.
  - Instructors wearing proper clothing and equipment for activities in which they are engaged.
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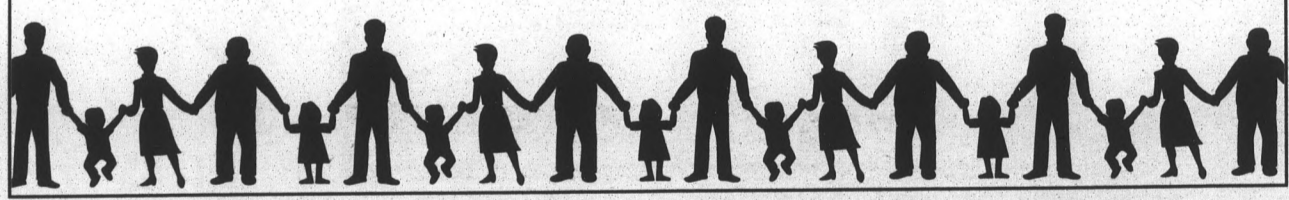
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5. Don't smoke.
6. Women should have regular yearly pelvic exams, regular mammograms starting at age 40.
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To find one that works for you, check reviews in health and fitness magazines and fitness video guides, or ask a fitness instructor what he or she recommends.

Another idea: Rent a workout tape from a video store so you view the program before you purchase it.

Check to see if the instructor stops to check her pulse, explains how to do the exercises correctly and offers a warm-up and cool down.

It's also a good sign when the video instructor is certified by a professional organization such as the American College of Sports Medicine.

Some new titles to consider include:

- "Jaclyn Smith Workout for Beauty and Balance"
- "Boxout" (Polygram)
- "Cindy Crawford: The Next Challenge" (Goodtimes)
- "Kathy Smith Great Buns and Thighs Step" (Body Vision)

# How to pick a health club

For much of the population, the road to well-being begins through the doors of a fitness facility. Call them health clubs, gyms, workout centers or spas, they're all in the business of making the most of your muscle.

But how to make sure you're getting the most muscle for your money?

Careful selection of a health club starts with the traditional legwork of comparison shopping. To begin, think about the sort of workout you want from a club. There is more than one route to fitness, and each club you visit will have its own particular areas of focus and expertise.

Some specialize in strength training, others in aerobics or step classes. Some facilities offer state-of-the-art computerized equipment such as stairclimbers and stationary bicycles; others focus more on stretching and flexibility classes such as yoga, tai chi and martial arts.

While you want to make sure any club offers the types of training you think you'll enjoy, remember that variety is the spice of life that keeps workouts working—so it's wise to select a facility that offers a wide range of programs at a variety of experience levels.

For example, if you're beginning as a novice in a step class, you won't remain a novice long—make sure there are other more advanced classes to which you can progress. And even if you love the stairclimbing machine this month, next month may find you unmotivated—unless you can switch to working out in a strength training class that uses resistive devices such as rubber tubing.

The basics for any well-rounded facility include: free-weight room, Nautilus circuit, aerobic classes and cardiovascular equipment such as stationary bicycles, treadmills, rowing machines, stair climbers, cross-country ski simulators and gliding machines that simulate skating.

In addition, depending on your interests, you may or may not want to seek out a facility that offers activities such as:

- Indoor running-walking track.
- Swimming pools with swimming or water aerobics classes.
- Basketball, racquetball and tennis courts.
- Child care or kids' fitness classes.
- Classes for special-needs groups such as seniors, pregnant women and arthritics.

- Supervised training for people undergoing physical rehabilitation following accidents.
- Chairrobics for the physically challenged.
- Martial arts and self-defense classes.
- Unisex classes or weight rooms.

The best clubs also offer personal trainers to help motivate and ensure that exercises are properly performed. Trainers also help design a personal workout that meets your specific fitness goals—whether to lose weight or build bulk, focus on cardiovascular or strength improvement.

At a minimum, the club should offer introductory sessions in which new members are given an overview of all the club has to offer and are brought up to speed on dance moves and equipment usage.

Before plunking down money on a membership fee, check to see if the staff is trained in injury prevention and CPR. Drop in on several of the classes to see if the instructors and participants seem to be having fun—and if they represent a diverse cross section of ethnicity, sex, and physical size and shape.

Be sure to visit the gym on the days and at the time of day you believe you will work out so that can see how crowded it will be for your workouts.

Check out the locker room for cleanliness of shower facilities, sinks and locker areas. Does there seem to be a sufficient supply of lockers for the number of people at the gym?

Look for the following evidence that the facility is geared toward total wellness:

- Nutrition adviser on staff and a cafeteria that serves healthy foods.
  - Body composition analysis with education about health standards for body fat and weight.
  - Signs that encourage safe and proper use of equipment.
  - Instructors wearing proper clothing and equipment for activities in which they are engaged.
- Ask upfront about fees. Some clubs charge an annual fee for unlimited use of the entire facility. Others allow members to select only those features they intend to use and then pay an apportioned annual fee for limited use of the facility. Still others charge a nominal one-time registration fee and then regular monthly user fees.



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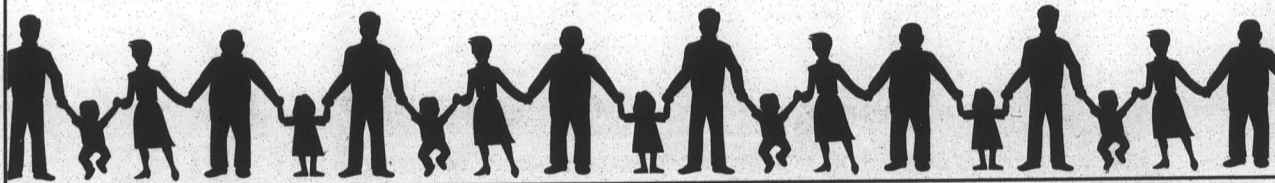
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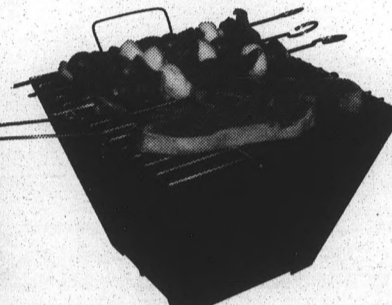
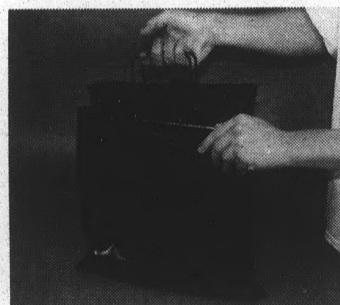
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Applications may be picked up in McClintock Hall, Room 135 or 112b. An 800-word public policy memo is a required part of the application.

**ASU deadline is October 26**

For further information, contact:

Dr. Bill Weidemaier, Truman Faculty Advisor  
Office of National Scholarship Advisement  
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If you are an outstanding *sophomore* or *junior* student in mathematics, the natural sciences or engineering, then please be advised that there will be three **informational meetings** on the 1995 Goldwater Scholarship during the week of October 10:

Monday, Oct. 10, 7 - 8 pm,	McClintock Hall, room 138
Wednesday, Oct. 12, 1 - 2 pm,	MU Navajo room 219
Thursday, Oct. 13, 4 - 5 pm,	Physical Sci. bldg., room PS A302

All three meetings will relay the same information, etc., so plan on attending only one of them.

A Goldwater scholarship provides **\$7,000 a year** for tuition, fees, books, and room-and-board for 1 or 2 years. The ASU Goldwater faculty committee nominates up to four applicants.

**ASU deadline is November 15**

For further information, contact:

Dr. Robert Hinks, ASU Faculty Representative,  
Barry M. Goldwater Scholarship and Excellence in Education Program  
ENGRC room 455 (96)5-2893  
robert.hinks@asu.edu

# Astronauts view smoke over Iraq

CAPE CANAVERAL, Fla. (AP) — Endeavour's astronauts saw smoke rising from the Iraq-Kuwait border on Monday as the shuttle soared 127 miles overhead on a radar-mapping mission. The source of the smoke was not immediately known.

Astronaut Thomas Jones, who used to work for the Air Force and CIA, reported smoke in southern Iraq marshes as well as what appeared to be small, black plumes of smoke rising from the Iraq-Kuwait border.

Diane Evans, a project scientist on the ground, said she did not know what might be burning. Smoke usually rises from Kuwait's oil fields as waste is routinely burned off.

Hours after U.S. troops landed in Kuwait on Monday to counter an Iraqi buildup along the border, Iraq announced it was pulling its forces back.

Endeavour is carrying an air-pollution monitor and a powerful radar system for mapping the Earth's surface in detail. The astronauts on the environmental study mission are also photographing the planet.

Evans said the Pentagon made no requests for radar images or photographs of Iraq and Kuwait. The shuttle's survey of that area was planned long before the military action there, she said.

Besides, the \$366 million radar isn't capable of picking out details like troops and tanks, Evans said.

"We don't have high enough resolution required for surveillance," she said.

Endeavour and its crew of six were scheduled to land at 11:37 a.m. Tuesday at Kennedy Space Center, although rain and low clouds were forecast. NASA could send the shuttle to Edwards Air Force Base in California later in the day.

As of Monday, 10 days into the flight, the radar instru-

ments had collected enough data to fill 67 miles of tape, officials said. The radar was used largely to examine volcanoes, forests, deserts, oceans and rivers.

Scientists hope to learn more about global change and to create extraordinarily detailed maps with all these radar images.

To produce such elaborate maps — capable of revealing changes in earthquake faults and other terrain as small as a half-inch — Endeavour took the same orbital path three days in a row.

A preliminary comparison of images taken during the first flight of the radar system in April and this mission show a 4-inch movement in the coastal region south of Hawaii's Kilauea volcano, said geologist Jeffrey Plaut. This movement away from the volcano is in line with satellite information.

"This is a quantum leap for this kind of technology applied to these types of problems," Plaut said. "This will carry us much further in understanding the forces that are responsible for some of the most dangerous kind of geologic events on Earth," like volcanic eruptions and earthquakes.

Despite jet trouble last week and the failure of a radar-data recorder over the weekend, scientists achieved all their objectives, Evans said.

Ground controllers spent Monday — a bonus science day — aiming the radar at targets that were missed because of those problems, she said.

The mission originally was supposed to end Monday, but Mission Control last week added an 11th day for more observations with the U.S., German and Italian radar system.

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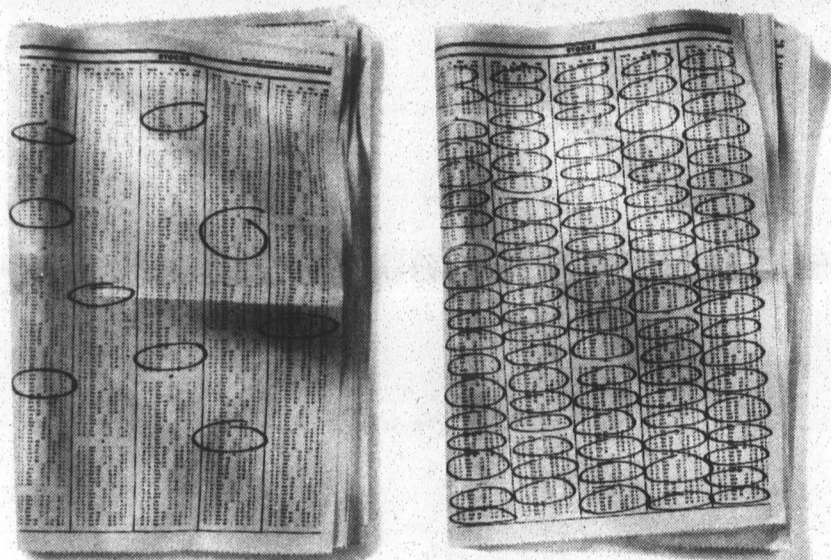
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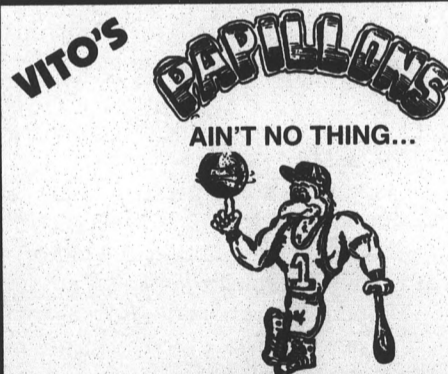
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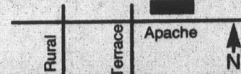
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**Engineering lab sees rise in visits**

By Mike Leshowitz  
SPECIAL TO THE STATE PRESS

Students working on technical degrees not only have to do a lot of number crunching, they now have to write well also.

Writing Across the Curriculum executive director John Ramage said increasing numbers of engineering, business and science classes now require students to express their research and lab results in written reports.

During the spring, 1994 semester, the Engineering Writing Lab, located on the northwest corner of the Engineering Center, experienced a 128 percent increase in the number of visits over the previous fall semester. Each visit represents a half hour of tutoring.

A total of 111 students received tutoring services from the center, according to a report published by Writing Across the Curriculum.

The Engineering Writing Lab is especially helpful to English as a Second Language students who often have a difficult time translating their complex ideas into coherent prose, Ramage said. ESL students made up 77 percent of the students receiving tutoring at the Engineering Writing Lab.

Although the Engineering Writing Lab is available to all ASU students, the tutors are trained to help ESL students with technical writing, Ramage said.

"Many of the students need extra help. We are willing to give extra time and be more giving in our policies," said Chris Jaap, Engineering Writing Lab coordinator. "We will explain how sentences can be structured or varied. That's when we will sit down and work with students."

Michael Emadi, a civil engineering student from Iran, works with the Engineering Writing Lab and works with tutors about three times a week. He said he benefits from the personalized, hands-on approach to learning.

"When I talk to the tutor that I am working with, she already knows what I am working on," Emadi said. "It's better than starting over with someone else. The people here are very patient."

Shun-Sen Cheng, who arrived in the United States 10 months ago from Taiwan, is taking a composition course for ESL students. Lab tutors help Cheng translate his Mandarin-constructed ideas into English words that can then be graded by his instructor.

A 1991 survey that was administered by program officials examined whether the grades of students who visited the Writing Across the Curriculum labs were affected by working with the tutors. The instructor questionnaire showed that of the 289 students who received tutoring, 63 percent improved by a full grade while 23 percent received the same grade.

**CROSSWORD**

by THOMAS JOSEPH

**ACROSS**

- 1 Lustrous fabric
- 6 "Glengarry Glen Ross" author
- 11 Dodge
- 12 St. Patrick's Day
- 13 Exertion
- 15 Actor
- 16 Used a stool
- 17 Actress
- 18 Chic
- 20 Once — blue moon
- 21 Slangy agreement
- 22 Treaty
- 23 Fills
- 26 "Walk Away —"
- 27 Very, to Veronique
- 28 Afternoon drink
- 29 Weapon
- 30 Movie studio part
- 34 Upper limit
- 35 Building wing
- 36 Black cuckoo
- 37 Funny joke
- 40 Long-

- plumed bird
- 41 Actress
- 42 Acts the entrepreneur
- 43 Gelatin shapers

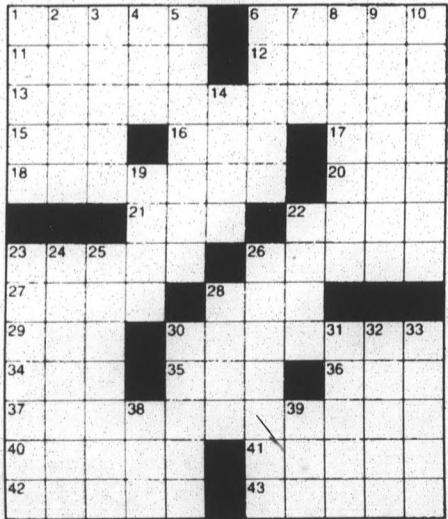
**DOWN**

- 1 Visionaries
- 2 Dole out
- 3 Plumpish
- 4 Altar vow
- 5 1992
- 6 Glee
- 7 Exist
- 8 Fan of the Heat, perhaps
- 9 Gist
- 10 "Barbarians at —"
- 14 Sound of surprise
- 19 Caustic materials
- 22 Crest
- 23 Piled up
- 24 Put in order
- 25 Paint type
- 26 Get back
- 28 Statu-
- 30 Defeats
- 31 Jacket part
- 32 Tilted over
- 33 Grows weary
- 38 Slippery one
- 39 Paid player, for short



**Yesterday's Answer**

- 10 "Barbarians at —"
- 30 Defeats
- 31 Jacket part
- 32 Tilted over
- 33 Grows weary
- 38 Slippery one
- 39 Paid player, for short



10-11

**DAILY CRYPTOQUOTES — Here's how to work it:**

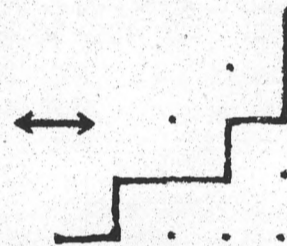
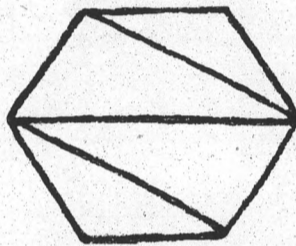
A XYDLBAA XR  
is LONGFELLOW

One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

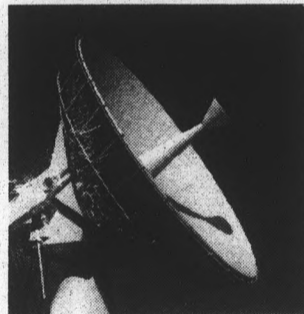
10-11 CRYPTOQUOTE

MKGXAXB JXBAXJ KWJ ZGNV-  
OBC MXUU KQJ VG VXXL GY  
QVZXJOGBJ. — AGUOQWBX

Yesterday's Cryptoquote: IF COLUMBUS HAD HAD AN ADVISORY COMMITTEE HE WOULD PROBABLY STILL BE AT THE DOCK.—ARTHUR GOLDBERG



**If This Sends Your Mind Reeling**



**If This Is Music To Your Ears,**



**Or If These Look Familiar, There Is Only One Place To Be.**

NSA will be on campus October 27th interviewing for:  
Full-time positions: Electrical Engineering, Electronic Engineering, Computer Engineering, Computer Science, Mathematics, Applied Mathematics, Statistics, Slavic (except Russian), Middle Eastern and Asian Languages.  
Summer (Juniors): EE, EE, CE, CS, Math., App. Math., Stat., Slavic (except Russian), Middle Eastern and Asian languages.  
GPA must be 3.0 or above for all majors except Mathematics which is 3.5 or above. Sign up at the placement office.



**National Security Agency**

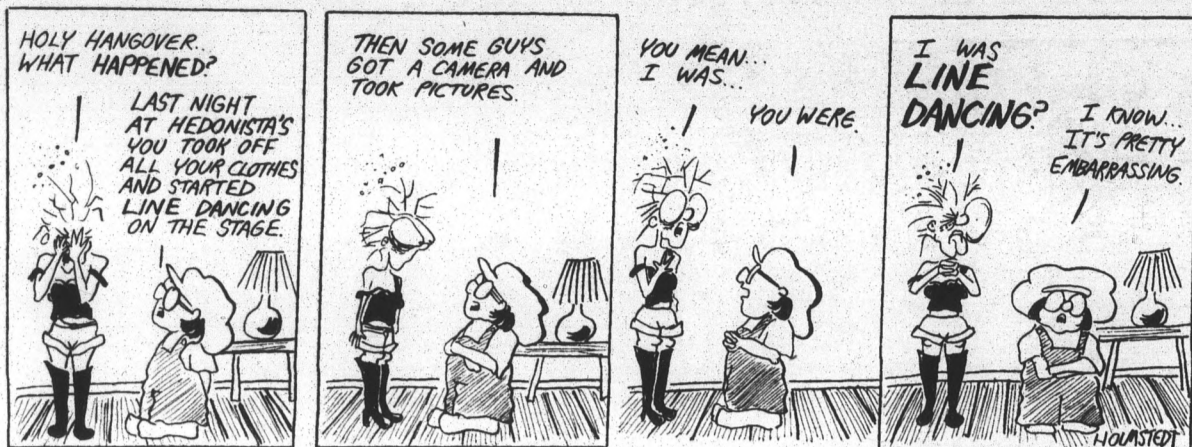
The Opportunities of a Lifetime

An equal opportunity employer. U.S. citizenship required for applicant and immediate family members.

# Comics

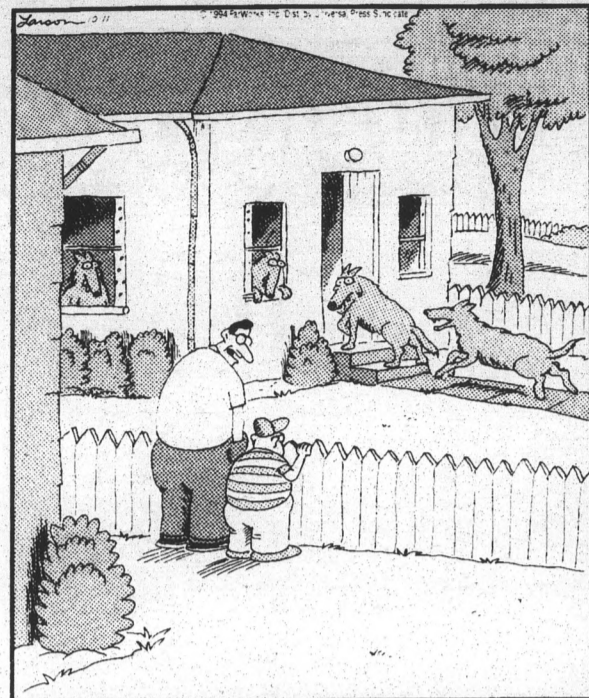
## Generation Hexed

by Stacy Holmstedt



## THE FAR SIDE

By GARY LARSON



"I know you miss the Wainwrights, Bobby, but they were weak and stupid people — and that's why we have wolves and other large predators."

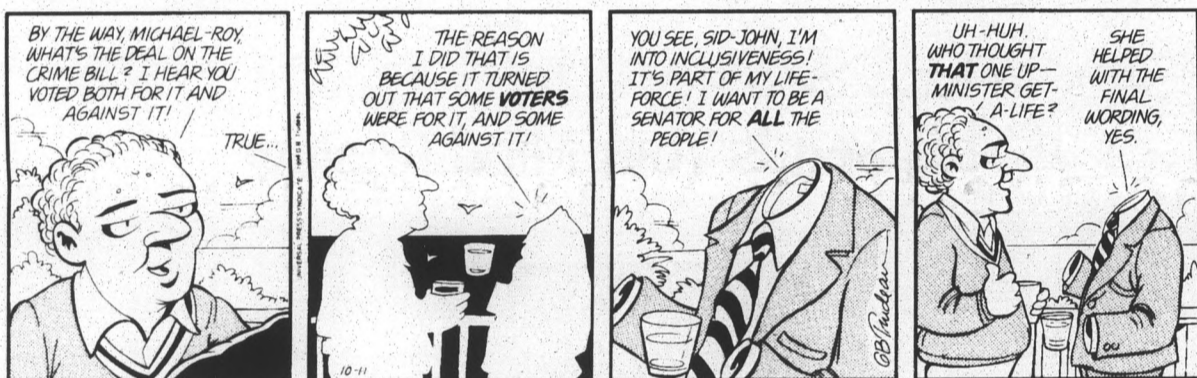
## Calvin and Hobbes

by Bill Watterson



## Doonesbury

BY GARRY TRUDEAU



ARIZONA STATE UNIVERSITY  
**STATE PRESS**

You'll never know unless you read your horoscope.

In the classified section.

# TERRIFIC TUESDAY



## Only \$8.99!



### For Two Medium Pepperoni Pizzas.

Specials Valid at this location only.

**968-5555**  
903 S. Rural Rd.  
Use your Marriott Maroon & Gold Card Here. (Subject to an administrative fee).

**Domino's Original Wings**  
Mild, Medium, Hot or BBQ  
A Dozen Wings...\$3.99!  
25 Wings...\$6.99! 50 Wings...\$11.99!

**\$1.00 Off**  
A Dozen Wings with the purchase of any pizza.

Please mention this coupon when placing your order. Not valid with the Wednesday or Friday Daily Specials. One coupon per order. Expires 10/31/94. Valid at participating locations only. Not valid with any other offer, coupon or special. Customer pays all applicable sales tax. Delivery areas limited to ensure safety. Our drivers carry less than \$20.00.

Item substitutions available where applicable. Not valid with any other coupons, offers or specials. Customer pays all sales tax where applicable. Limited delivery areas to ensure safety. Our drivers carry less than \$20.00.

## PUTTING THE PAST BEHIND HIM

### Johnson improves game after 'bad' '93-94 season

BY DAWN WAGNER  
STATE PRESS

When ASU golfer Scott Johnson has a bad round, he has no one to blame but himself.

But then, that's exactly the way he likes it. "If things go bad, it's no one else's fault," Johnson said. "If our football team loses, there could be 12 guys responsible. I always had a problem with that in team sports, because you can give 100 percent and know you've played great, but some other guys lose the game for you."

"But in golf, if you come through and win, you only have yourself to thank. But if you screw up, you can get down on yourself and there's no one there to back you up."

By relying solely on himself Johnson has gained a competitive edge, said ASU Coach Randy Lein.

"He's got a real fire inside," Lein said. "He doesn't like to play poorly and he doesn't like to lose. I think being competitive is a real strong point because he wants to beat everyone."

Johnson, a junior recreational tourism major, redshirted his freshman year but competed consistently for the Sun Devils last season. However, Johnson was disappointed with his performance last year and said that he cost the team a few wins because of his putting.

"I was so bad last year," Johnson said, laughing at himself. "That probably cost us a couple of tournaments, me alone, with my putting. I just could not putt. It could have been a straight putt from four feet away and I would miss it."

Johnson's putting has improved considerably this year to the delight of Lein and the rest of the team.

"He's got a good game and the thing I'm really excited about is that he's putting a lot better this fall," Lein said. "Last spring he hit it well enough to probably win tournaments, but he should be winning more for sure this year."

Johnson said he improved his game over the summer by getting a new putter, talking to some of his friends and practicing.



Courtesy of ASU Media Relations

Junior Scott Johnson has come a long way since his freshman year, and has become a key member of the ASU men's golf team.

Teammate Larry Barber said Johnson's game and personality has matured since his freshman year.

"I think he brings a great attitude (to the team)," Barber said. "I just think Scott's starting to realize that he's not a freshman anymore and that this is his third year. He knows that our success depends a lot upon him. For us to compete and do well, he has to play well."

So far this season, Johnson has done just that. Former teammate Chris Stutts said Johnson's ability to focus is what has made him such a good player.

"He seems like he's very focused on what he wants to do," Stutts said. "When it comes time to play, he's pretty serious. He played well the first tournament and, in my opin-

ion, I just think he's going to keep getting better and better.

Lein agreed saying Johnson has really pulled his game around.

"He drives the ball well, his iron game is good and his short game is good," Lein said. "It's just been the putting part of it that's been holding him back but it's better now. I'd say that now his biggest strength is not having any weaknesses."

Johnson hopes his game continues to improve so that he'll have a good shot at the PGA Tour when he graduates.

"Without a doubt, I want to play pro golf," Johnson said. "I don't see myself ever stopping trying to play. It's the only thing I've ever wanted to do and if I have to go to Europe or Asia or Australia to play, then that's what I'll do."

## NFL fan answers the question: What's in a name?

Charging ahead is the 1994 NFL season, and tension is already mounting.

Only five weeks into it, and it's easy to discern the well-oiled machines from those trying to Buc serious losing traditions.

No Lion. This season is fun. All teams all Bearing down and playing hard.

Well, not all. It's a Cardinal sin how some teams are playing — even to the Eagle-eyed observer.

It's as if they've Packed it in before they even started.

Some of them will be home for the playoffs waiting to see Saint Nick.

Others will be Ramming ahead with their sights set on a trip to the Super Bowl.

Surprises?

1. I've got five Bills that says Buffalo is in the running late.
2. Joe and company appear to have a Chief concern —

offense.

3. Dan Reeves again looks like a Giant among his cohorts.

Like bucking Broncos, some teams are just wild and unpredictable.

Someone Raided Los Angeles of a competitive team. Ditto to Washington, whose fans are probably Redskinned with anger.

Indianapolis is as young as a Colt. It might be a few more years for them.

Cincinnati hasn't been competitive since the time of the 49ers, while San Francisco, at times, has the ferocity of a Bengal. Jetting around the league to teams with more realistic chances at the Bowl, some fans have to be as happy as Patriots on Independence Day with the performance of their teams.

You can See-Hawks circling over their next victims, despite losing a kicking exhibition to Denver.

One quick scheduling note — the Cowboys will be Dolphin-safe this Thanksgiving.

Except for a visit to Sun Devil Stadium, Minnesota looks as stainless as Steel.

Atlanta, for now, is flying as high as a Falcon, tied with San Francisco for first in the NFC West.

We'll have to wait this one out to learn who stinks like Brown stuff and who doesn't.

But seriously ...

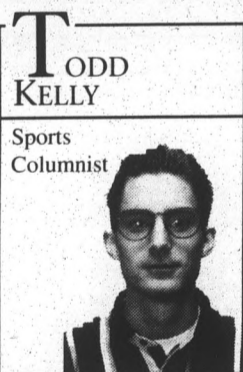
I really like the throwback uniforms, especially the San Diego, Detroit, Dallas and both New York get-ups. Keep those, but get rid of Green Bay's, Denver's, Washington's and Houston's.

I also like the job that Bobby Ross (San Diego), Dave Wannstedt (Chicago), June Jone (Atlanta) and Bill Belichick (Cleveland) are doing.

I still have some questions to ponder...

1. Is Buffalo the best team in the AFC *again* this year?
2. Do the Chargers really have a legitimate chance at the title?
3. Can the Cowboys repeat? ... and the answers could be scary:
  1. Quite possibly.
  2. With home field advantage.
  3. Most likely.

• If you live on campus and you like sports, tune in to KASR 680, ASU's very own radio station. *State Press* writers will be joining various radio talent for weekly sports discussions every Sunday night at 10:30 p.m.



TODD KELLY  
Sports Columnist



## RED-HOT SUN DEVILS

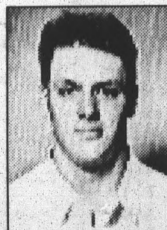


### JAKE PLUMMER Football

Plummer lead the Sun Devils back from an eight-point deficit in the fourth quarter of Saturday night's game against Stanford, to give ASU a one-point victory.

With ASU down by two points and 5:20 left in the game, Plummer piloted a 58-yard drive that culminated in a game-winning field goal. Plummer kept the final drive alive with two key fourth-down conversions, on a 13-yard scramble and a 16-yard pass completion.

On the night, Plummer was 23 for 39 passing for 274 yards and two touchdowns.



### JON BAKER Football

Baker came through in the clutch for ASU Saturday night connecting on a 38-yard field goal attempt with :06 left in the game to give the Sun Devils a 36-35 victory.

Baker made all three field goals he attempted against the Cardinal, including field goals from 19 and 41 yards out.

Baker is currently third in the Pac-10 in field goal percentage at .769. He has converted 10 of 13 field goal attempts this season. His 48-yard field goal against Louisville is the fifth-longest in the Pac-10 this season.



### KATHY CULBREATH Volleyball

Culbreath was a killing machine for the Sun Devils last weekend, when ASU took on Washington and Washington State on the road.

In ASU's victory over the Cougars, Culbreath collected a career-high 20 kills, while putting up a .356 hitting percentage. Culbreath finished the weekend with a combined 31 kills and a .331 hitting percentage for the two matches.

"Her versatility has done great things for our team," ASU Coach Pattie Snyder said of the senior.



# Classifieds

Notice to our readers: Before responding to any advertisement requesting money be sent or invested, you may wish to investigate the company and offer. The State Press cannot assume responsibility for the validity of the offers advertised in our classified section. For more information and assistance regarding the investigation of an advertisement, please contact the Better Business Bureau at 264-1721.

*A cold is an ailment cured in two weeks with a doctor's care, and fourteen days without it.*  
-C. C. Furnas

## ANNOUNCEMENTS

**H.O.W. OUTREACHERS ANNUAL DUS SHARING MEETING**  
Evening, Tuesday, 12-1pm in B-318 (Conference Room)  
Bring your lunch.  
Contact: Jackie, 965-3989

**HAIR MODELS Needed**  
**FREE:** Hair cuts / styles / color / relaxers (Men & Women) + free beauty products - All services done by professional stylists.  
**MARIA BEAUTY SYSTEMS**  
968-7980

**WE BUY & SELL USED LEVI'S!**  
We pay up to \$15 for 501s  
**THE BLUE JEAN BUYER**  
Call for Details 947-8245  
• 1810 Scottsdale Rd (between Curry & McKellips) 5 minutes from ASU!  
• 3208 W. Glendale Ave.

## RENTAL SHARING

1 RM in 2 rm apt. own bath, walk to ASU. \$300/mo util incl. Avail 12/23. 858-9354.

FEMALE MATURE student only, share quiet 2 bd mobile home. Walk to ASU. \$265/mo. 894-5386.

F TO share 2 bd, 2 ba condo. \$275 incl util. Scotts. area. Sandra, 946-5835 or 945-0502.

MCCORMICK RANCH. spac., beaut., spl, 3 bd hse w/pool on green-belt, w/d, must see. \$375 +utils., mv in now, 443-1266.

ROOMMATE NEEDED for 2bd apt. Close to ASU. \$314 + 1/2 utilities, Call 967-7156.

ROOMMATE WANTED, female n/s preferred, 2bd, 2ba, 5 min from campus, \$270/month not including utilities Call Greg at 275-2984 or 431-9300.

**State Press Classifieds**  
**Matthews Center**  
**Basement**  
**965-6735**

## HOMES FOR SALE

PERFECT ASU location. 3 bd, 12 yrs new, over 1800 sq. ft. New tile thru-out. Newer carpeting. Lg eat in kit. w/bay window. 2 car garage. Mid 90's. Much more. Marie 829-8873 or pg. 205-0391.

## TOWNHOMES/ CONDOS FOR SALE

**BUY OF THE WEEK**  
*Papago Park II wants you!*  
Nice 2bd, 2ba, all appl, pool, spa, \$68,000.  
**BOB BULLOCK**  
REALTY EXECUTIVES  
998-2992

## MISCELLANEOUS FOR SALE

"FREE O.J." T-shirts available High Quality. \$15 or 2 for \$25. Call 548-0388, lv msg. Great gift.

CABLE BOX - All channels. 1-year warranty. Will deliver. \$150. 285-9052.

COMICBOOKS! BATMAN, Predator Alien, Ninja HS, and more plus X-Men#35 all \$300-400. 946-6083.

## FURNITURE

CREAM & GRAY striped couch, \$75; computer table, black & wood, \$50. Call 829-8143.

FOR SALE: Almost new white-wash desk. Lots of room for study. 30x60. 350-3599.

SOFA SET, dinette, bed, futon, day bed, sleeper, entertainment ctr. Cheap! 962-0749.

## COMPUTERS

**486 & PENTIUM**  
Systems \$899 up. Call 966-7402.

486 DX2/50 420mb drive, 250mb tape dual floppy, modem, color monitor, desk jet printer. Windows & DOS. \$1500 obo. Rob. 491-3594.

**ROCK GARDEN**  
40 line monster BBS w/20,000+ files, chat, games, Internet mail, online pizza, more! 602-220-0001

## JEWELRY

ALWAYS BUYING jewelry. Incl: clu: gold, ster., pearls, antiques, gems, etc. Rare Lion. 921 S. Mill Ave. Tempe Center 968-6074.

## TICKETS

2 PHANTOM tickets for Oct. 17 show. Main floor, 15th row. \$100 ea. Lv msg. 968-6848.

## AEROSMITH

## AUTOMOBILES

**\$\$\$ CASH NOW \$\$\$**  
Any car or truck, running or not! Cash paid to you in 1 hr! Brian, 246 3147, lv msg 24 hrs. TDG.

81 VW Rabbit conv. 146K runs well. New paint, top, tires & shocks \$2900. Mike 966-2364.

## MOTORCYCLES

93 KAW Ninja 250cc only 2300 mls. excl. cond. \$2900 obo. Must sell 784-0571. Aron, lv msg.

LONELY, FEET sore, need wheels dreamed of owning? All models. Will finance. 209-4848 Frank!

## BICYCLES

3 LADIES bikes, wide seats, baskets, lights. 2, 10spds. \$45-\$75. Good cond. 948-3419.

FOR SALE: 18 speed mountain bike. Includes U-lock. \$120. Phone 967-7472.

## TRAVEL

2 TICKETS anywhere, anytime Southwest flies. \$300 round trip. Call Matt at 949-5517.

## TRAVEL

DISCOUNT TRAVEL: Cheap in your name. I specialize in quick departures. Most places worldwide. I also buy transferable coupons/awards. 968-7283.

## HELP WANTED-GENERAL

**\*EARN \$7/HR!\***  
Setting free appointments for health services. Fiesta Mall area. 470-1828 anytime.

AHWATUKEE FOOTHILLS YMCA is accepting applications for recreational supervisors for school-age children. \$5-\$10/hr. Perfect p/t position for college students at ASU, MCC, etc. seeking exp in a school setting. 3233 E. Chandler Blvd., Suite 6B.

APPOINTMENT SETTERS. So. Scottsdale flex sched., salary & comm., part-time. 481-9200.

ASU STUDENTS wanted. Short surveys. Easy: \$6 per hour base + bonus. Start now. 1 block east of ASU. 784-2270 or apply 1000 E. Apache, Suite 212.

CARE GIVER, 2 days/wk. 24 hr shifts, \$70-80 per shift. Pref. Sat. a.m.-Mon a.m.. 2 thin elderly women in bed, use of Hoyer Lift. Cooking, no heavy lifting & plenty of time to study. 984-1632.

## CASH DANCERS

Students needed for wheelchair bachelor parties. Earn \$200/hr. Call Dave 966-2059.

CHRISTMAS HELP for cheese store in Tempe. Call 966-7211 ext. 250.

CLEANING TECHS needed for "Cleanroom" cleaning. No exp. nec. Pt eves & wknds. Good starting pay. Apply in person, M-Fri. 9am-4pm at: ETC Inc. 3454 N San Marcos Pl. Ste B4, Chandler. 1 blk W of Az Ave, N of Elliot.

CLUB TRIBECA acc. apps. btwn 12-3pm for wait staff and bar-backs. 1420 N. Scottsdale Rd.

DON'T BE a waitress, don't be a stewardess, don't be a seamstress. Be a professional. Have a future with Space Age Paints. Flourish in a drug-free work-place. All shifts available. 707 S. Country Club, Mesa.

EASY CASH on weekends in the health care field. Permanent part-time, up to 30 hrs/wk, with good speaking abilities. Call 396-4400 (M, W, S between 2-5pm).

FAIRYTALE BROWNIES in Scottsdale is now hiring ft/pt. Interested in marketing? Call Eileen. Interested in helping in the kitchen? Call David. 276-9643.

FIDDLESTICKS FAMILY Fun Park seeks friendly, energetic people for day, evening, and weekend help. Apply in person. 1155 W Elliot Rd.

## FIVE STAR

sports and fitness club now hiring. Adult sports coordinator, p/t. Locker desk, all shifts. Front desk, opening & closing. We offer a competitive wage and positive work environment, and require an outgoing service oriented personality. Apply in person at Western Reserve Club, 2140 E. Broadway, Tempe.

FLYER HANGERS: Create your own hrs, great pay, must have veh, avg pay \$7-10/hr. 641-5324.

GYMNASTICS INSTRUCTORS pt/, exp. & dynamic personality req'd. 15 min/ASU. 940-4041.

IMPORT AUTO is looking for motivated, energetic and goal oriented individuals to promote company growth. FT/PT avail. Women encouraged to apply. If you are interested please contact Greg Mascaro at 966-9716.

INTERESTED IN politics? Congressional campaign phone bank, \$5/hr. Steve, 955-7358.

LOOKING FOR people, \$500 + bike minimum, comp. for your help, no job, not multi-level. Great Scott Innovations. Call 921-3685.

NEED 10 students to work part time from 5-8 pm. Earn \$10 hr. Contact Doug 210-3573.

## HELP WANTED-GENERAL

MARKETING ASST for family fun park in Tempe. P/T. Responsibilities to include group sales & advertising coordination. Call 566-4333.

P/T ACCOUNTING clerk needed. No exp. necessary. Applicant must have good organizational skills. Knowledge of AP, AR, receipts, disbursements, and bank rec's helpful. 20 hrs/wk, flex sched., \$5.50/hr. Contact Cathy Lang at 968-1083 ext. 307

P/T EVES/WEEKENDS, outgoing/good phone voice. No sales! \$6/hr + bonus. Call Mr. Allen 838-4333 ext. 31.

SHIPPING CO needs p/t delivery driver for Tempe. Must have own truck or van and insurance and must be friendly, dependable. M-F starting at 1 p.m. 20-25 hrs/week. \$5/hr + 29¢ a mile. Apply at 2125 E. 5th St #106, one block N or University and W of Price, Total Fulfillment.

SNAP SHOTS- fun-loving, outgoing person to take pictures in clubs. No exp nec. E-Z work, good \$\$, 234-5732.

## SPORTS MINDED

Now hiring 6-8 individuals for immediate emp. \$8 guaranteed to start at 15-30 flexible hrs/wk. Call Mike for int, 921-8282.

STATE PRESS is hiring 5 ASU students to intern in its advertising sales program. This is an incredible learning experience that also allows you to earn significant dollars; so be proactive about your future and call Jackie Eldridge today at 965-6555 for information & interview. The requirements to enter this internship are: The desire for personal development, a reliable vehicle, a class load of 13 hours or less and graduation no earlier than December '95.

TELEMARKETING, NO experience necessary, p/t days/eves. \$6/hr + comm. Call 756-2491, ask for Jeff.

THE PRINCETON Review is seeking a friendly, dynamic person for Campus Liaison. hours are extremely flexible. Not a sales job. Looks excellent on the resume. Call 967-1480.

WHO SAID that great test scores wouldn't get you a great job? The Princeton Review is seeking dynamic, motivating people who scored well on the SAT, ACT, GRE, LSAT, GMAT or MCAT, to teach part-time, evenings and weekends. \$10-14/hr. 967-1480.

WORK FROM home, p/t, unlim income. No experience needed. Please call 940-4197, lv msg.

## HELP WANTED-SALES

EXECUTIVE ANSWERING Service has opening for ft sales/marketing person (not telemarketing) M-F 7am-4pm. Sal + comm, benefits. Will be trained in all aspects of business. Must type 45+ wpm, have comp exp, know 10-key. 264-4000 for appt.

**MERRILL LYNCH**  
Articulate and serious undergrad for internship, commitment a must. David Stein 954-5095.

P/T CLERICAL/ analysis, flex hrs after school, \$5/hr. Call for appt. P. DiGizanni, 243-5200.

## CLASSIFIEDS WORK!

## HELP WANTED-GENERAL

**Great New Location**  
The Valley's BEST plasma donation center just got even better! ABI has moved to a great new facility at 1334 E. Broadway! We now have MORE MACHINES to serve you better! This is your perfect opportunity to perform a vitally needed service and earn \$150-\$185 per month at the same time! It couldn't be easier! New donors earn \$25 CASH their first donation! Open 7 days a week for your convenience!  
**Associated Bioscience, Inc.**  
1334 E. Broadway, Building A, Tempe  
Broadway & Dorsey (Across from Native New Yorker)  
**968-6139**

## HELP WANTED-SALES

P/T SALES. U set hrs! Security products. Career positions possible. 963-8696, Mr. Gendron.

PHONE CLERKS - no exp., free long distance calls flex shifts, hly + bonus, benefits avail. Rural/Southern. Bob, 350-9336.

TECHNICAL SALES positions. Fast growing, aggressive, health care software/systems integration company is looking for 3 highly intelligent, honest people w/exc comm & presentation skills. BA degree req'd, preferably in computer sciences or engineering. Considerable travel. Base + commission. Please send resume & salary history to: CompuMed, Inc., 1200 N. El Dorado Pl., Suite C300, Tucson, AZ 85715.

## HELP WANTED-CLERICAL

10 P/T people needed for data entry. \$8/hr. Flexible schedules. Morning & afternoon. No exp nec. Autom, 243-5200, Pam.

MEDICAL EQUIPMENT sales & service company seeks receptionist/secretary p/t-ft M-F. Call Carley at 438-8891.

P/T OFFICE/PERSONAL asst. to help busy writer. Typing, filing, computers, near ASU. Must have transp. 15-20 hrs/wk. \$5-6/hr. Call 894-2227 for appt.

SURVEYS, NOT sales. P/T evening position M-Th 5-9pm & Sat 9am-3pm. \$5/hr. 1-10/Baseline area. Emily, 438-2800.

**A medical office in Scottsdale needs p/t front and back office person. Will train. Good advancement potential. 4020 N. Scottsdale Rd. Suite 108. Please apply in person.**

## HELP WANTED-FOOD SERVICE

ACCEPTING APPS for: Drivers, & counter help. \$5/hr + tips. Sammy's Pizza, 945-8850.

BUSHOPS NEEDED, apply after 11am. Monti's La Casa Vieja, 3 W. 1st St. 967-7594

## CLUCK-U

Join the Cluck-U-Chicken team. Now hiring delivery drivers & counter personnel. Apply in person 855 S. Rural.

## JETZ & STIXX

Door host needed 2 yrs. min. exp. Apply in person, Wednesdays 1-4pm. 7077 E. Camelback, Scottsdale.

## JOHNNY ROCKETS

Now hiring cashiers, asst. mngrs, f/t & p/t. Fashion Square Mall. Apply in person. 423-1505.

## HELP WANTED-GENERAL

**DMS PAYS EVERY FRIDAY!**  
\$9 p/h guaranteed  
We are DMS, located at 64th St. & East Thomas Rd.  
DMS is looking for outbound customer service reps to make calls on behalf of SEARS, TEXACO, CHEVRON & many major banks across the U.S. to their own cardholders.  
Full time reps - give us perfect attendance and get \$9 per hour for your first 30 days!  
Hiring 100 reps. CALL NOW.  
994-9903

## HELP WANTED-FOOD SERVICE

Door host needed 2 yrs. min. exp. Apply in person, Wednesdays 1-4pm. 7077 E. Camelback, Scottsdale.

LINE COOK & servers needed, flex hrs. 7156 E. Thomas Rd., 949-8725.

SANDWICH SHOP, 5th Ave area; Lunch time deliveries. Varied duties. Mike, 874-0104.

PETES 19TH Tee Rest. at Rolling Hills Golf Course now acc. apps. p/t cashier/wait staff. Apply in person 1405 N. Mill Ave. 1 mi N. of Mill Ave. bridge.

T.C. LUIGI'S Pizza now hiring pizza makers, wait staff & delivery drivers. Competitive wages. Call 756-2002 for interview.

## THE MONASTERY

Cocktail wait staff, ID checkers, p/t, 1-2 nights/wk. No exp. Fun beer & wine pub. Must be 21 or older. 28th St. & Indian School. Call 11am-3pm, 840-7510.

**WANTED:** Coffee Bartenders a.m. shift 32nd St. & Shea Location \$5/hr + Commission Call **Rock'n JAVA's** 561-6253 / 561-5802 for interview

## HELP WANTED-CHILD CARE

ARE YOU an Education major? Would you like to truly contribute to a child's life? Need child care & TLC for a first grader in our home in S. Tempe, M-F 3-6pm. Salary negotiable. Please call 897-8142, lv msg.

FLEX HRS., xint pay, care for 2 small children. Must be exp. Pref. Developmental Ed. students. NE Scottsdale. 451-3294.

LIVE-IN-CHILDCARE needed 3yr old, It evngs, free room & food. Serious appl. only 963-7944

SITTER NEEDED for 2yr old and 5mo old, 3-4 afternoons. 1:30-5pm. Exp. and Refs. a must. Dobson Ranch 838-8964.

## BUSINESS OPPORTUNITIES

PETRO-NET MLM Co. offering gasoline and diesel fuels at wholesale prices, through cardlock locations nationwide. Save and earn big. 832-1276.

## HELP WANTED-GENERAL

**NO SELLING**  
Telephone Research Survey  
Flex hours available  
Tues-Fri 2-9:30pm & Sat. 9-5  
Start at \$5.50/hour plus bonuses  
**Higginbotham Associates**  
**829-3282**

## JOB OPPORTUNITIES

CRUISE SHIPS now hiring. Earn up to \$2,000+/month working on cruise ships or land-tour companies. World travel. Seasonal & full-time employment available. No experience necessary. For more information call 1-206-634-0468 ext. C59182.

## ALASKA JOBS

**Fisheries.** Earn up to \$3,000-\$6,000+ per month. Room + Board + Transportation! Male/Female. No experience necessary! (206) 545-4155 ext. A59181

## INT'L EMPLOYMENT

Make up to \$2,000-\$4,000+/mo. teaching basic conversational English abroad. Japan, Taiwan, and S. Korea. For more information call: (206) 632-1146 ext. J59182

## SPORTS & RECREATION

COME LEARN golf at the ASU Karsten GC 921-8070. Group programs begin the week of Oct. 10, \$125 for 6 classes.

## MUSIC

NEW BROTHER EM-811 FX electronic office word processor incl SP-300 spelling dictionary along w/FB-300 3-5 disk drive, \$300 obo. 948-6347.

## PETS

FREE SP Spaniel puppy 3 mo old, purebred. Call 967-5898, lv message.

## FREE LOST/FOUND

LOST: PURPLE & maroon backpack in PSY. Reward!! If found please call 892-0338.

FIND IT for free in the State Press! We'll run your four line ad for two days. Just come down to the basement of Matthews Center before noon.

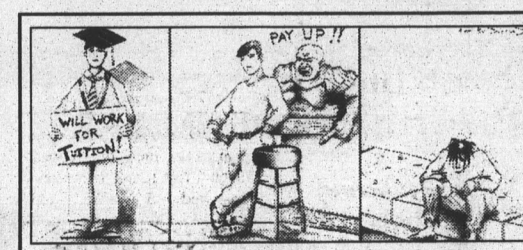
## PERSONALS

"...LESBIANS DON'T have horns or flashing neon signs." Lorriane Trenchard Lesbian and Bisexual Women's Discussion Group. Wed. 4pm. in the Women's Students Center.

A DOZEN roses, \$20. We also deliver after hours. Call 894-3419.

## HELP WANTED-GENERAL

**Inventory Takers Needed**  
10-14-94  
20 people from 1-5pm  
50 people from 6-10pm  
10-15-94  
25 people from 8am-12pm  
Call **STIVERS** 966-1100  
M/F/D/V EOE  
**STIVERS**  
TEMPORARY PERSONNEL



See Dick Unemployed. See Dick Broke. See Dick Bummin...  
**DON'T BE A DICK!!**  
**MPI**  
FULL & PART-TIME  
JOBS  
**331-4000**



